

Individual Best Times (All Time)

Bridie Parks - (509155) - City of Southend on Sea SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.50	33.90	320	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Freestyle	1:19.91	1:18.90	270	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3
50 Breaststroke	52.53	51.90	171	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3
50 Butterfly	41.31	40.80	206	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Butterfly	1:39.66	1:38.90	172	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3
50 Backstroke	44.65	44.20	217	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.44	36.00	270	06/12/15	Runnymede Jingle Bells 2015	Thundersley	ER152231	4
100 Freestyle	1:15.70	1:16.80	292	13/11/15	Southend on Sea Club Champs 3	Southend on Sea	ER151607	4
200 Freestyle	2:36.01	2:38.20	353	16/04/16	Thurrock Essex & Regional Qualifier 2016	Thurrock	ER160045	3
400 Freestyle	5:21.28	5:25.60	373	16/04/16	Thurrock Essex & Regional Qualifier 2016	Thurrock	ER160045	3
50 Breaststroke	49.91	50.50	183	27/09/15	Epping Forest District Season Opener 2015	Loughton	ER150888	3
100 Breaststroke	1:50.68	1:51.80	178	20/11/15	Southend on Sea Club Champs 1	Southend on Sea	ER151605	4
200 Breaststroke	3:51.41	3:53.70	196	16/10/15	Southend on Sea Club Champs 2	Southend on Sea	ER151606	4
50 Butterfly	38.59	39.10	252	10/07/15	Southend on Sea Summer House Sprint Meet 2015	Southend on Sea	ER151362	4
100 Butterfly	1:34.61	1:35.40	186	16/10/15	Southend on Sea Club Champs 2	Southend on Sea	ER151606	4
200 Butterfly	3:22.59	3:24.10	205	04/12/15	Southend on Sea Club Champs 4	Southend on Sea	ER151608	4
50 Backstroke	41.66	42.10	222	20/11/15	Southend on Sea Club Champs 1	Southend on Sea	ER151605	4
100 Backstroke	1:29.72	1:30.60	228	04/12/15	Southend on Sea Club Champs 4	Southend on Sea	ER151608	4
200 Backstroke	3:05.44	3:07.20	263	13/11/15	Southend on Sea Club Champs 3	Southend on Sea	ER151607	4
200 Individual Medley	3:07.37	3:09.50	275	20/11/15	Southend on Sea Club Champs 1	Southend on Sea	ER151605	4
100 Individual Medley	1:28.25	1:28.30	262	16/10/15	Southend on Sea Club Champs 2	Southend on Sea	ER151606	4