

# Individual Best Times (All Time)

Robert Jennings - (507924) - Tring Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.19	27.40	408	25/05/14	Team Luton Last Chance National Qualifier 2014	Luton	ER4086	1
100 Freestyle	1:03.99	1:02.70	392	13/07/13	Wycombe District SC End of Season Meet	Wycombe	SE3552	3
50 Breaststroke	34.01	33.10	444	17/02/18	BUCS Long Course Swimming Championships	Sheffield	NE180246	1
100 Breaststroke	1:18.29	1:16.70	383	21/12/13	Hillingdon Winter Open Meet	Hillingdon	LR3781	1
200 Breaststroke	2:55.10	2:52.10	368	14/07/13	Wycombe District SC End of Season Meet	Wycombe	SE3552	3
50 Butterfly	29.22	28.60	442	19/02/17	BUCS Long Course Swimming Championships	Sheffield	NE170125	1
100 Butterfly	1:18.88	1:17.90	246	11/05/13	Wycombe District SC 7th Annual LC Sprint	Wycombe	SE3432	3
50 Backstroke	33.46	32.90	348	21/12/13	Hillingdon Winter Open Meet	Hillingdon	LR3781	1
100 Backstroke	1:13.78	1:12.70	342	11/05/13	Wycombe District SC 7th Annual LC Sprint	Wycombe	SE3432	3
200 Individual Medley	2:35.17	2:32.60	396	28/07/13	Swim Wales Summer Nationals	Swansea	WAL511	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.89	26.70	472	11/11/17	BUCS Short Course Swimming Championships	Sheffield	NE172398	2
100 Freestyle	58.94	1:00.30	440	18/10/15	Hemel Hempstead 102nd Birthday Open	Hemel Hempstead	ER151728	2
200 Freestyle	2:14.62	2:17.20	402	16/11/13	City of Milton Keynes Annual 502400 L2 Meet	Bletchley	SE3105	2
400 Freestyle	4:45.95	4:50.80	408	22/11/13	Tring Club Championships	Tring	ER3970	4
1500 Freestyle	21:02.48	21:18.70	301	05/08/12	Tring SC Club Championships 2012	Tring	ER2569	4
50 Breaststroke	32.72	33.70	443	11/11/17	BUCS Short Course Swimming Championships	Sheffield	NE172398	2
100 Breaststroke	1:14.11	1:15.80	415	20/12/14	Hillingdon Winter Open Meet 2014	Hillingdon	LR14450	2
200 Breaststroke	2:44.44	2:47.60	390	28/11/14	Hemel Hempstead Club Championships	Hemel Hempstead	ER14693	4
50 Butterfly	29.29	29.90	409	26/09/15	Hemel Hempstead Club Championships	Hemel Hempstead	ER151874	4
100 Butterfly	1:05.41	1:06.60	389	03/10/15	Maxwell Swim Club October 2015 L2 Meet	Aylesbury	SE151637	2
200 Butterfly	2:28.55	2:30.70	372	21/11/14	Hemel Hempstead Club Championships	Hemel Hempstead	ER14692	4
50 Backstroke	30.84	31.50	368	03/10/15	Maxwell Swim Club October 2015 L2 Meet	Aylesbury	SE151637	2
100 Backstroke	1:09.20	1:10.40	340	20/10/13	Romford Town SC 7th SC Meet	Enfield	LR3653	3
200 Backstroke	2:36.68	2:38.80	306	09/12/12	Tring SC Winter Time Trials	Tring	ER2868	4
200 Individual Medley	2:25.67	2:28.40	426	09/03/14	Hertfordshire ASA County Championships	Borehamwood	CC4080	2
400 Individual Medley	5:12.16	5:17.70	425	21/03/15	Hertfordshire County Championships	Borehamwood	CC150273	2
100 Individual Medley	1:05.74	1:05.70	421	28/06/15	The Terry Davies Alternative Nationals	Watford	ER150582	3