

Individual Best Times (All Time)

Lucy Baker - (507051) - Grantham SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.96	34.40	308	22/11/14	City of Sheffield Snow Frills Meet	Sheffield	NE4317	3
100 Freestyle	1:18.89	1:17.80	281	22/11/14	City of Sheffield Snow Frills Meet	Sheffield	NE4317	3
200 Freestyle	2:45.67	2:43.60	316	10/07/16	Northampton 2016 Long Course Summer Festival	Corby	EM160458	3
400 Freestyle	5:59.45	5:55.50	280	12/07/14	Northampton Summer Festival Open Meet	Corby	EM4053	3
50 Breaststroke	45.33	44.60	266	13/07/14	Northampton Summer Festival Open Meet	Corby	EM4053	3
100 Breaststroke	1:40.56	1:39.30	259	22/11/14	City of Sheffield Snow Frills Meet	Sheffield	NE4317	3
200 Breaststroke	3:42.09	3:39.70	237	12/07/14	Northampton Summer Festival Open Meet	Corby	EM4053	3
100 Butterfly	1:28.81	1:27.90	243	10/07/16	Northampton 2016 Long Course Summer Festival	Corby	EM160458	3
50 Backstroke	41.54	41.10	270	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
100 Backstroke	1:26.34	1:25.40	292	23/11/14	City of Sheffield Snow Frills Meet	Sheffield	NE4317	3
200 Individual Medley	3:07.40	3:05.30	304	10/07/16	Northampton 2016 Long Course Summer Festival	Corby	EM160458	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.50	34.10	320	11/06/17	Lincoln Vulcans Short Course Level 3 Open Meet	Grantham	EM170590	3
100 Freestyle	1:11.42	1:12.60	348	20/05/17	Tulip Open Meet 2017	Spalding	EM170547	3
200 Freestyle	2:33.64	2:35.90	370	17/07/16	SLCSC Club Championships	Spalding	EM161237	3
400 Freestyle	5:28.92	5:33.20	347	13/03/16	Mid Beds Swim Squad Level 2 Open Meet	Biggleswade	ER160410	2
800 Freestyle	11:24.30	11:32.70	339	18/09/16	South Lincs Closed Club Championships	Spalding	EM161626	3
50 Breaststroke	44.57	45.30	257	16/07/16	SLCSC Club Championships	Spalding	EM161237	3
100 Breaststroke	1:34.21	1:35.50	290	20/05/17	Tulip Open Meet 2017	Spalding	EM170547	3
200 Breaststroke	3:24.65	3:27.20	284	29/11/14	South Lincs CSC Club Championships 2014	Spalding	EM14422	4
50 Butterfly	36.69	37.20	293	17/07/16	SLCSC Club Championships	Spalding	EM161237	3
100 Butterfly	1:20.37	1:21.30	304	20/05/17	Tulip Open Meet 2017	Spalding	EM170547	3
200 Butterfly	3:03.83	3:05.50	275	16/07/16	SLCSC Club Championships	Spalding	EM161237	3
50 Backstroke	38.92	39.40	273	03/10/15	Rob Welbourn Open Meet 2015	Peterborough	EM151283	3
100 Backstroke	1:24.11	1:25.10	277	02/05/15	31st Tulip Open Meet	Spalding	EM150305	3
200 Backstroke	2:56.33	2:58.20	306	18/10/15	South Lincs Club Championships 2015	Spalding	EM151956	3
200 Individual Medley	2:54.64	2:56.90	339	11/06/17	Lincoln Vulcans Short Course Level 3 Open Meet	Grantham	EM170590	3
400 Individual Medley	6:13.03	6:17.70	334	27/09/15	South Lincs Club Championships 2015	Spalding	EM151955	3
100 Individual Medley	1:21.26	1:21.30	336	17/07/16	SLCSC Club Championships	Spalding	EM161237	3