Individual Best Times (All Time)

Georgia Forrow - (506511) - Newport Pagnell SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.72	34.30	314	19/01/14	Watford County Qualifier Open Meet	Watford	ER4172	3
100 Freestyle	1:15.72	1:16.80	292	18/01/14	Watford County Qualifier Open Meet	Watford	ER4172	3
200 Freestyle	2:39.59	2:41.80	330	07/07/12	Bletchley & District Annual End of Season	Bletchley	SE2235	3
800 Freestyle	11:51.22	11:59.30	302	09/02/14	Oxfordshire & N Bucks County Championships	Betchley	CC4017	2
50 Breaststroke	47.08	47.70	218	02/12/12	City of Peterborough Winter Open Meet	Peterborough	ER2512	3
100 Breaststroke	1:49.22	1:50.40	186	13/11/11	Barnet Copthall 100's Meet	Barnet	LR1621	3
200 Breaststroke	3:53.68	3:55.90	190	25/09/10	Maxwell September Meet	Aylesbury	SE0475	3
50 Butterfly	37.58	38.10	273	16/12/12	CMKSC 7th Annual Christmas Cracker	Bletchley	SE2767	3
50 Backstroke	38.15	38.70	289	05/10/13	Leicester Penguins Open Meet 2013	Braunstone	EM3358	3
100 Backstroke	1:23.33	1:24.30	285	22/06/13	CMKSC 11th Annual End of Season	Bletchley	SE3106	3
200 Backstroke	2:59.00	3:00.90	293	24/06/12	Milton Keynes End of Season Meet	Bletchley	SE2058	3
100 Individual Medley	1:25.85	1:25.80	285	13/07/13	Bletchley Annual End of Season Meet	Aylesbury	SE3148	3

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