

# Individual Best Times (All Time)

Sophie Culpin - (504644) - Grantham SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.25	28.50	525	17/05/15	Rotherham Metro Level One Long Course Meet	Sheffield	NE150169	1
100 Freestyle	1:01.67	1:00.30	589	09/04/16	Derwentio Excel 10th Open Meet 2016	Sheffield	EM160046	1
200 Freestyle	2:11.75	2:09.10	628	28/05/17	ASA EM Region Youth Champs 2017	Sheffield	EM170474	1
400 Freestyle	4:53.69	4:48.90	514	05/05/13	Midland Youth Championships	Corby	WMR315	1
800 Freestyle	9:42.43	9:32.40	576	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
1500 Freestyle	21:40.72	21:24.70	354	13/02/10	Northants & Lincolnshire	Corby	CC0095	1
50 Breaststroke	46.50	45.80	246	04/10/09	Robin Hood Open Meet	Sheffield	EM9305	1
100 Breaststroke	1:28.08	1:26.60	385	16/07/11	City of Coventry Graham Sykes Open Meet	Coventry	WM1069	3
200 Breaststroke	3:26.47	3:23.90	295	11/07/09	Graham Sykes Memorial	Coventry	WM9267	3
50 Butterfly	30.26	29.60	526	09/04/16	Derwentio Excel 10th Open Meet 2016	Sheffield	EM160046	1
100 Butterfly	1:05.18	1:04.00	616	09/04/16	Derwentio Excel 10th Open Meet 2016	Sheffield	EM160046	1
200 Butterfly	2:19.85	2:17.60	660	27/05/17	ASA EM Region Youth Champs 2017	Sheffield	EM170474	1
50 Backstroke	33.76	33.20	503	02/05/16	ASA East Midland Region Swimming Champs	Sheffield	EM160780	1
100 Backstroke	1:13.03	1:11.90	483	23/04/17	Poznan International Swimming Cup	Poznan, Poland	GBR500	1
200 Individual Medley	2:27.75	2:25.10	621	27/05/17	ASA EM Region Youth Champs 2017	Sheffield	EM170474	1
400 Individual Medley	5:08.70	5:03.00	638	28/05/17	ASA EM Region Youth Champs 2017	Sheffield	EM170474	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.53	29.30	519	19/11/16	Boston Club 12th Open Meet	Grantham	EM161367	3
100 Freestyle	1:00.31	1:01.70	578	05/02/17	Lincolnshire County Championships 2017	Louth	EM170027	2
200 Freestyle	2:07.09	2:09.80	653	18/06/17	Grantham Club Championships	Grantham	EM170995	3
400 Freestyle	4:27.51	4:32.70	646	12/11/16	Grantham Club Championships	Grantham	EM162349	4
800 Freestyle	9:19.25	9:29.50	622	20/02/16	Lincolnshire County Championships 2016	Grantham	EM160116	2
50 Breaststroke	42.88	43.60	289	20/03/10	Lincolnshire County Championships	Grantham	CC0120	2
100 Breaststroke	1:24.67	1:26.10	399	19/03/11	Lincolnshire County Championships	Grantham	CC1015	2
200 Breaststroke	3:02.55	3:05.40	400	12/03/11	Lincolnshire County Championships	Louth	CC1014	2
50 Butterfly	29.88	30.50	543	19/11/16	Boston Club 12th Open Meet	Grantham	EM161367	3
100 Butterfly	1:03.88	1:05.10	605	21/01/17	Lincolnshire County Championships 2017	Grantham	EM170026	2
200 Butterfly	2:17.09	2:19.40	664	18/06/17	Grantham Club Championships	Grantham	EM170995	3
50 Backstroke	32.94	33.50	450	23/01/16	Lincolnshire County Championships 2016	Grantham	EM160114	2
100 Backstroke	1:09.65	1:10.80	489	12/06/16	Grantham Club Championships 2016	Grantham	EM161050	3
200 Backstroke	2:25.79	2:28.10	543	10/07/16	Grantham Club Championships 2016	Grantham	EM161051	3
200 Individual Medley	2:24.57	2:27.30	598	10/07/16	Grantham Club Championships 2016	Grantham	EM161051	3
400 Individual Medley	5:01.73	5:07.50	632	24/01/16	Lincolnshire County Championships 2016	Grantham	EM160114	2
100 Individual Medley	1:08.19	1:08.20	569	12/06/16	Grantham Club Championships 2016	Grantham	EM161050	3