

Individual Best Times (All Time)

Georgie Park - (503059) - Epping Forest Dist SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.72	28.00	555	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	ER190209	1
100 Freestyle	1:03.90	1:02.60	529	03/02/19	Essex Age Group Champs 2019	Basildon	ER190210	1
200 Freestyle	2:21.28	2:18.80	509	17/02/19	Essex Age Group Champs 2019	Basildon	ER190211	1
400 Freestyle	5:00.55	4:55.80	480	21/04/19	BPSC Easter Meet 2019	Basildon	ER190188	1
50 Breaststroke	39.80	39.00	393	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
100 Breaststroke	1:27.87	1:26.40	388	20/01/18	Essex Age Group Championships 2018	Basildon	ER180154	1
50 Butterfly	33.16	32.60	399	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	ER190209	1
100 Butterfly	1:15.56	1:14.50	395	17/02/19	Essex Age Group Champs 2019	Basildon	ER190211	1
50 Backstroke	33.21	32.60	529	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1
100 Backstroke	1:12.42	1:11.30	496	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1
200 Backstroke	2:37.21	2:35.10	480	16/02/19	Essex Age Group Champs 2019	Basildon	ER190211	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.63	29.30	513	08/12/19	Colchester County Qualifier	Braintree	ER191327	3
100 Freestyle	1:02.60	1:03.90	517	30/03/19	Harlow Penguins 2019 Regional Qualifier Open Meet	Harlow	ER190522	3
200 Freestyle	2:17.56	2:20.10	515	30/03/19	Harlow Penguins 2019 Regional Qualifier Open Meet	Harlow	ER190522	3
400 Freestyle	4:51.27	4:56.10	500	13/10/19	EFDSC Club Champs 2019	Loughton	ER191846	4
800 Freestyle	10:24.86	10:34.10	446	28/11/17	Epping Forest Internal Club Champs	Loughton	ER172208	4
50 Breaststroke	38.38	39.20	403	08/07/18	Epping Forest Internal Club Champs 2018	Loughton	ER181654	4
100 Breaststroke	1:26.55	1:28.00	374	26/11/17	Epping Forest Internal Club Champs	Loughton	ER172207	4
200 Breaststroke	3:02.50	3:05.40	400	30/09/18	Epping Forest Internal Club Champs 2018	Loughton	ER181656	4
50 Butterfly	33.25	33.80	394	08/07/18	Epping Forest Internal Club Champs 2018	Loughton	ER181654	4
100 Butterfly	1:15.75	1:16.70	363	16/06/18	Harlow Penguins 7th Eric Shepherd Open Meet	Harlow	ER181242	3
200 Butterfly	3:04.90	3:06.60	270	03/12/17	Epping Forest Internal Club Champs	Loughton	ER172209	4
50 Backstroke	32.50	33.10	468	27/10/19	BPSC Autumn County Qualifier 2019	Basildon	ER192092	3
100 Backstroke	1:09.65	1:10.80	489	30/03/19	Harlow Penguins 2019 Regional Qualifier Open Meet	Harlow	ER190522	3
200 Backstroke	2:31.28	2:33.50	486	14/07/19	EFDSC Club Champs 2019	Loughton	ER191844	4
200 Individual Medley	2:32.96	2:35.50	505	12/10/19	NASL London Round 1	Braintree	ER192856	3
400 Individual Medley	5:44.80	5:49.90	423	09/09/18	Epping Forest Internal Club Champs 2018	Loughton	ER181655	4
100 Individual Medley	1:13.13	1:13.10	461	13/10/19	EFDSC Club Champs 2019	Loughton	ER191846	4