

Individual Best Times (All Time)

Olivia Flack - (502456) - Sherborne Storm SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.80	28.10	550	25/04/19	Puerto Rico International Swimming Open	San Juan	GBR1030	1
100 Freestyle	1:00.47	59.10	625	25/04/19	Puerto Rico International Swimming Open	San Juan	GBR1030	1
200 Freestyle	2:15.97	2:13.40	571	18/03/17	Millfield School Super Series (LC)	Millfield	SW170052	1
400 Freestyle	4:51.24	4:46.40	527	14/06/14	ASA South West Region AG Championships	Bristol	SWR405	1
800 Freestyle	10:42.36	10:33.30	429	01/02/14	Wiltshire County Championships	Bath	CC4097	1
100 Breaststroke	1:44.00	1:42.80	234	09/06/12	British Gas ASA SWR Age Groups Champs	Millfield	SWR205	1
200 Breaststroke	3:25.50	3:22.90	299	03/11/13	City of Bristol SC Level 3 LC Open Meet	Bristol	SW3622	3
50 Butterfly	31.97	31.40	446	30/04/16	ASA SWR Summer Championships	Plymouth	SW160535	1
50 Backstroke	32.08	31.40	586	30/04/16	ASA SWR Summer Championships	Plymouth	SW160535	1
100 Backstroke	1:08.87	1:07.70	576	01/05/16	ASA SWR Summer Championships	Plymouth	SW160535	1
200 Backstroke	2:28.38	2:26.10	571	24/04/16	Millfield & Taunton Super Series	Millfield	SW160152	1
200 Individual Medley	2:45.31	2:42.90	444	02/11/13	City of Bristol SC Level 3 LC Open Meet	Bristol	SW3622	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.39	29.10	526	08/10/17	Exeter October Meet	Plymouth	SW171101	2
100 Freestyle	1:02.17	1:03.50	528	07/03/15	Wiltshire Youth Championships	Swindon	CC150352	2
200 Freestyle	2:15.32	2:17.90	541	17/12/16	Yeovil Christmas Meet	Millfield	SW162206	3
400 Freestyle	4:47.39	4:52.20	521	23/03/14	Wiltshire ASA Age Group Championships	Swindon	CC4101	2
800 Freestyle	12:39.85	12:47.40	248	18/09/11	Tigersharks ASC Club Championships	Swindon	SW1099	4
50 Breaststroke	43.01	43.70	286	07/07/13	ASA South West Region Events Age Groups	Gloucester	SW3207	3
100 Breaststroke	1:32.06	1:33.40	310	28/09/14	Swindon Dolphin ASC 2014 Club Championships	Swindon	SW4436	4
200 Breaststroke	3:19.52	3:22.20	306	28/09/13	Swindon Dolphins Club Championships	Swindon	SW3772	4
50 Butterfly	31.45	32.00	465	22/11/15	Aquae Sulis Grand Prix	Bristol	SW150917	2
50 Backstroke	32.08	32.70	487	07/10/17	Exeter October Meet	Plymouth	SW171101	2
100 Backstroke	1:07.55	1:08.70	536	07/10/17	Exeter October Meet	Plymouth	SW171101	2
200 Backstroke	2:24.39	2:26.70	558	28/01/16	Somerset ASA County Championships	Millfield	SW160263	2
200 Individual Medley	2:41.03	2:43.50	433	25/01/15	Swindon Dolphin Last Chance Open Meet	Swindon	SW150468	3
400 Individual Medley	6:36.17	6:40.60	279	16/03/13	Wiltshire Age Group County Championships	Swindon	CC3069	2
100 Individual Medley	1:13.40	1:13.40	456	23/03/14	Wiltshire ASA Age Group Championships	Swindon	CC4101	2