

Individual Best Times (All Time)

Carl Kirsopp - (500490) - Rykneld SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:02.69	1:01.30	417	14/03/20	Jorvik Spring Festival	Leeds	NE200155	3
100 Butterfly	1:06.20	1:05.00	416	12/02/23	Derbyshire ASA County Championships 2023	Derby	EM230182	1
100 Backstroke	1:06.20	1:05.00	473	08/05/22	SE East Midland Regional Long Course Championships	Sheffield	EM220576	1
200 Individual Medley	2:33.71	2:31.10	407	11/01/20	City of Derby Eighteenth LC L1 Open Meet 2020	Sheffield	EM200101	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.18	27.90	408	18/03/23	Derwent District Seres Gala 2023	Alfreton	EM230044	4
100 Freestyle	59.01	1:00.40	438	20/02/22	Derbyshire ASA County Championships 2022	Matlock	EM220031	2
50 Breaststroke	36.06	36.90	331	17/02/19	Derbyshire ASA County Championships 2019	MATLOCK	EM190290	2
100 Breaststroke	1:16.69	1:18.30	374	15/07/22	Rykneld Swimming Club Championships 2022	Sharley Park	EM221583	4
50 Butterfly	30.21	30.80	373	02/11/20	Rykneld SC	Sharley Park LC	LEX178	0
100 Butterfly	1:05.37	1:06.50	390	19/02/22	Derbyshire ASA County Championships 2022	Matlock	EM220031	2
50 Backstroke	30.54	31.20	379	12/03/22	Derwent District Swim Series Gala	Alfreton	EM220047	4
100 Backstroke	1:03.12	1:04.40	448	03/07/22	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE220519	3
200 Backstroke	2:29.62	2:31.80	351	15/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
200 Individual Medley	2:29.42	2:32.00	394	06/07/21	Rykneld	Sharley Park	LEX3008	0
100 Individual Medley	1:06.22	1:06.20	412	15/07/22	Rykneld Swimming Club Championships 2022	Sharley Park	EM221583	4