

Individual Best Times (All Time)

Elyssia Knight - (499088) - Durham City ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	40.35	39.80	200	18/03/12	Northumberland & Durham County Champs	Sunderland	CC2040	1
50 Breaststroke	55.64	55.10	143	05/01/13	City of Sunderland New Year Meet	Sunderland	NE3092	3
50 Butterfly	53.36	53.00	95	17/03/12	Northumberland & Durham County Champs	Sunderland	CC2040	1
50 Backstroke	47.43	47.00	181	15/01/12	City of Sunderland New Year Meet	Sunderland	NE2185	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.59	38.10	226	18/01/14	Newburn New Year Graded Meet	Stanley	NE4304	3
100 Freestyle	1:20.50	1:21.50	243	18/05/14	Wear Valley ASC May 2014 Level 3 Meet	Bishop Auckland	NE4302	3
200 Freestyle	2:53.56	2:55.60	256	22/06/14	Durham City ASC Summer Gala	Durham	NE4755	4
400 Freestyle	6:08.20	6:12.00	247	15/12/13	Durham City ASC Distance Time Trial	Durham	NE3916	4
50 Breaststroke	51.58	52.20	166	03/11/13	Wear Valley ASC Guy Fawkes Level 3 Meet	Bishop Auckland	NE3640	3
100 Breaststroke	1:45.35	1:46.50	207	02/11/13	Wear Valley ASC Guy Fawkes Level 3 Meet	Bishop Auckland	NE3640	3
200 Breaststroke	3:40.58	3:43.00	227	08/12/13	Derwentside ASC Christmas Cracker	Stanley	NE3702	3
50 Butterfly	43.16	43.60	180	13/07/13	Durham City End of Season Gala	Durham	NE3541	3
100 Butterfly	1:44.95	1:45.70	136	20/10/13	Durham City ASC Medley Challenge	Durham	NE3817	3
50 Backstroke	42.06	42.50	216	02/11/13	Wear Valley ASC Guy Fawkes Level 3 Meet	Bishop Auckland	NE3640	3
100 Backstroke	1:28.16	1:29.10	241	23/11/14	Durham City Winter Galas	Durham	NE14675	4
200 Backstroke	3:08.42	3:10.20	251	22/06/14	Durham City ASC Summer Gala	Durham	NE4755	4
200 Individual Medley	3:08.79	3:10.90	268	20/10/13	Durham City ASC Medley Challenge	Durham	NE3817	3
100 Individual Medley	1:31.78	1:31.80	233	23/11/14	Durham City Winter Galas	Durham	NE14675	4