

# Individual Best Times (All Time)

Aneira Jones - (498139) - Llandudno Swimming

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.66	32.00	377	22/07/12	Welsh Summer National 2012	Swansea	WAL445	1
100 Freestyle	1:12.33	1:11.20	365	26/06/11	City of Liverpool Summer Meet 2011	Liverpool	NW1026	1
200 Freestyle	2:37.27	2:35.00	369	21/02/15	BUCS Long Course Championships 2015	Sheffield	NE150632	1
50 Breaststroke	38.59	37.80	431	18/02/17	BUCS Long Course Swimming Championships	Sheffield	NE170125	1
100 Breaststroke	1:25.14	1:23.60	427	19/02/17	BUCS Long Course Swimming Championships	Sheffield	NE170125	1
200 Breaststroke	3:04.34	3:01.40	415	07/08/10	BG Wales Summer Nationals	Swansea	WAL311	1
100 Butterfly	1:25.78	1:24.90	270	12/01/13	British Gas Swim Wales New Year Meet	Swansea	WAL469	1
200 Individual Medley	2:54.15	2:51.90	379	12/01/13	British Gas Swim Wales New Year Meet	Swansea	WAL469	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.84	32.50	373	26/05/12	Swim Conwy Whitsun Meet	Llandudno	WAL432	2
100 Freestyle	1:09.71	1:10.90	374	04/02/12	Swim Wales North Regional Championships	Llandudno	WAL412	2
200 Freestyle	2:30.23	2:32.50	395	03/02/14	Swim Wales North Region Championships	Llandudno	WAL549	2
400 Freestyle	5:22.87	5:27.20	367	04/02/12	Swim Wales North Regional Championships	Llandudno	WAL412	2
800 Freestyle	11:14.19	11:22.70	355	23/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
50 Breaststroke	36.82	37.70	457	12/11/16	BUCS Short Course Swimming Championships	Sheffield	NE162003	2
100 Breaststroke	1:20.95	1:22.50	457	13/11/16	BUCS Short Course Swimming Championships	Sheffield	NE162003	2
200 Breaststroke	2:58.06	3:01.00	431	04/02/14	Swim Wales North Region Championships	Llandudno	WAL549	2
50 Butterfly	36.01	36.50	310	26/05/13	Swim Conway Whitsun Meet	Llandudno	WAL498	2
100 Butterfly	1:20.20	1:21.10	306	26/05/12	Swim Conwy Whitsun Meet	Llandudno	WAL432	2
200 Butterfly	3:09.43	3:11.10	251	25/11/12	BG Swim Wales North 2012 Sub Regional	Llandudno	WAL465	4
100 Backstroke	1:24.16	1:25.10	277	06/02/10	Swim Wales North Regional	Llandudno	WAL282	1
200 Backstroke	2:59.06	3:00.90	293	22/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
200 Individual Medley	2:44.36	2:46.70	407	04/02/14	Swim Wales North Region Championships	Llandudno	WAL549	2
400 Individual Medley	6:05.47	6:10.30	355	24/11/12	BG Swim Wales North 2012 Sub Regional	Llandudno	WAL465	4