

Individual Best Times (All Time)

Deborah Rayns - (493845) - Loughborough Town SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.32	34.70	298	11/03/12	Leicestershire County Championships	Loughborough	CC2064	1
100 Freestyle	1:20.69	1:19.60	263	25/02/12	Leicestershire County Championships	Loughborough	CC2062	1
200 Freestyle	3:23.53	3:21.80	170	07/03/10	Leicestershire Champs	Loughborough	CC0106	1
100 Breaststroke	1:42.14	1:40.90	247	11/03/12	Leicestershire County Championships	Loughborough	CC2064	1
200 Breaststroke	3:40.82	3:38.40	241	25/02/12	Leicestershire County Championships	Loughborough	CC2062	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.78	36.40	263	02/01/14	Loughborough Town New Year Splash	Loughborough	EM4327	4
100 Freestyle	1:22.91	1:23.90	222	02/11/13	Loughborough Town SC Annual Gala	Loughborough	EM3945	4
200 Freestyle	2:49.63	2:51.70	275	25/09/14	Loughborough Town SC Annual Gala	Loughborough	EM14439	4
400 Freestyle	6:23.62	6:27.30	219	17/10/13	Loughborough Town SC Annual Gala	Loughborough	EM3945	4
800 Freestyle	13:21.78	13:29.00	211	21/09/13	Loughborough Town SC Annual Gala	Loughborough	EM3945	4
50 Breaststroke	44.90	45.60	252	20/09/14	Loughborough Town SC Annual Gala	Loughborough	EM14438	4
100 Breaststroke	1:40.31	1:41.60	240	25/09/14	Loughborough Town SC Annual Gala	Loughborough	EM14439	4
50 Butterfly	47.38	47.80	136	29/06/13	Loughborough Town SC Sprint Gala	Loughborough	EM3688	4
50 Backstroke	40.75	41.20	237	13/09/14	Loughborough Town SC Annual Gala	Loughborough	EM14437	4
100 Backstroke	1:23.13	1:24.10	287	20/09/14	Loughborough Town SC Annual Gala	Loughborough	EM14438	4
200 Backstroke	3:21.22	3:22.90	206	19/09/13	Loughborough Town SC Annual Gala	Loughborough	EM3945	4
200 Individual Medley	3:16.47	3:18.50	238	20/09/14	Loughborough Town SC Annual Gala	Loughborough	EM14438	4
100 Individual Medley	1:27.13	1:27.10	272	13/09/14	Loughborough Town SC Annual Gala	Loughborough	EM14437	4