

# Individual Best Times (All Time)

Eloise Sutton - (493209) - Trowbridge ASC

## Long Course

| Stroke                | LC Time | Converted to SC | LC WA Pts | Date     | Meet                                | Venue     | Licence  | Level |
|-----------------------|---------|-----------------|-----------|----------|-------------------------------------|-----------|----------|-------|
| 50 Freestyle          | 28.45   | 27.70           | 571       | 06/05/18 | ASA SWR Summer Championships        | Plymouth  | SW180512 | 1     |
| 100 Freestyle         | 1:00.72 | 59.30           | 617       | 05/05/18 | ASA SWR Summer Championships        | Plymouth  | SW180512 | 1     |
| 200 Freestyle         | 2:14.18 | 2:11.60         | 594       | 05/11/17 | ASA SWR LC Winter Championships     | Millfield | SW171934 | 1     |
| 400 Freestyle         | 4:44.31 | 4:39.30         | 567       | 26/03/16 | Exeter City Easter Meet 2016        | Millfield | SW160324 | 1     |
| 800 Freestyle         | 9:59.15 | 9:49.40         | 529       | 16/05/15 | ASA South West Summer Championships | Bristol   | SW150230 | 1     |
| 50 Breaststroke       | 37.28   | 36.40           | 478       | 06/05/18 | ASA SWR Summer Championships        | Plymouth  | SW180512 | 1     |
| 100 Breaststroke      | 1:25.48 | 1:24.00         | 422       | 26/03/16 | Exeter City Easter Meet 2016        | Millfield | SW160324 | 1     |
| 50 Butterfly          | 31.34   | 30.70           | 473       | 05/05/18 | ASA SWR Summer Championships        | Plymouth  | SW180512 | 1     |
| 100 Butterfly         | 1:09.79 | 1:08.70         | 502       | 06/05/18 | ASA SWR Summer Championships        | Plymouth  | SW180512 | 1     |
| 200 Butterfly         | 2:44.83 | 2:42.90         | 403       | 28/02/16 | Aquae Sulis Spring Grand Prix       | Bristol   | SW160100 | 1     |
| 50 Backstroke         | 34.25   | 33.70           | 482       | 24/04/16 | Millfield & Taunton Super Series    | Millfield | SW160152 | 1     |
| 100 Backstroke        | 1:12.80 | 1:11.70         | 488       | 30/04/17 | ASA SWR Summer Championships        | Plymouth  | SW170194 | 1     |
| 200 Backstroke        | 2:33.34 | 2:31.10         | 517       | 24/04/16 | Millfield & Taunton Super Series    | Millfield | SW160152 | 1     |
| 200 Individual Medley | 2:33.30 | 2:30.70         | 556       | 29/04/17 | ASA SWR Summer Championships        | Plymouth  | SW170194 | 1     |
| 400 Individual Medley | 5:32.61 | 5:27.30         | 510       | 23/04/16 | Millfield & Taunton Super Series    | Millfield | SW160152 | 1     |

## Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet                               | Venue            | License  | Level |
|-----------------------|---------|-----------------|-----------|----------|------------------------------------|------------------|----------|-------|
| 50 Freestyle          | 28.25   | 29.00           | 534       | 19/11/16 | Aquae Sulis Autumn Level 2 Meet    | Bristol          | SW162363 | 2     |
| 100 Freestyle         | 1:01.05 | 1:02.40         | 557       | 20/10/18 | Millfield School & Street SC TYR   | Millfield School | SW181181 | 2     |
| 200 Freestyle         | 2:08.55 | 2:11.20         | 631       | 07/10/17 | Gloucester Autumn Meet             | Gloucester       | SW171769 | 3     |
| 400 Freestyle         | 4:39.88 | 4:44.80         | 564       | 19/07/15 | Trowbridge Club Championships 2015 | Trowbridge       | SW150791 | 4     |
| 800 Freestyle         | 9:38.26 | 9:48.20         | 562       | 09/01/16 | Wiltshire Age Group Championships  | Marlborough      | SW160239 | 2     |
| 50 Breaststroke       | 36.84   | 37.70           | 456       | 08/10/17 | Gloucester Autumn Meet             | Gloucester       | SW171769 | 3     |
| 100 Breaststroke      | 1:22.04 | 1:23.60         | 439       | 19/12/15 | City of Bristol Level 2 Open Meet  | Hengrove Park    | SW151969 | 2     |
| 200 Breaststroke      | 2:57.45 | 3:00.40         | 436       | 17/07/16 | Trowbridge Club Championships      | Trowbridge       | SW160896 | 4     |
| 50 Butterfly          | 31.17   | 31.80           | 478       | 07/10/17 | Gloucester Autumn Meet             | Gloucester       | SW171769 | 3     |
| 100 Butterfly         | 1:10.01 | 1:11.10         | 460       | 17/06/17 | Trowbridge Club Championships 2017 | Trowbridge       | SW170437 | 4     |
| 200 Butterfly         | 2:37.07 | 2:39.10         | 441       | 19/07/15 | Trowbridge Club Championships 2015 | Trowbridge       | SW150791 | 4     |
| 50 Backstroke         | 32.92   | 33.50           | 451       | 18/12/16 | City of Bristol Christmas Cracker  | Bristol          | SW162171 | 3     |
| 100 Backstroke        | 1:09.48 | 1:10.60         | 493       | 18/12/16 | City of Bristol Christmas Cracker  | Bristol          | SW162171 | 3     |
| 200 Backstroke        | 2:29.77 | 2:32.00         | 500       | 19/12/15 | City of Bristol Level 2 Open Meet  | Hengrove Park    | SW151969 | 2     |
| 200 Individual Medley | 2:30.92 | 2:33.50         | 526       | 08/10/17 | Gloucester Autumn Meet             | Gloucester       | SW171769 | 3     |
| 400 Individual Medley | 5:16.67 | 5:22.20         | 546       | 07/10/17 | Gloucester Autumn Meet             | Gloucester       | SW171769 | 3     |
| 100 Individual Medley | 1:09.65 | 1:09.70         | 534       | 18/06/17 | Trowbridge Club Championships 2017 | Trowbridge       | SW170437 | 4     |