

# Individual Best Times (All Time)

Ailsa Gavan McHarg - (492818) - University of Bath SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.76	27.00	615	27/05/16	City of Cardiff Open Meet	Cardiff	WL160446	1
100 Freestyle	1:00.03	58.60	639	02/05/16	West Midlands ASA Championships	Coventry	WM160481	1
200 Freestyle	2:13.20	2:10.60	608	03/05/15	Midland Swimming Spring Championships 2015	Corby	EM150799	1
400 Freestyle	4:44.45	4:39.50	566	03/05/14	Midland Swimming - 2014 Youth Championships	Corby	EMR411	1
800 Freestyle	9:53.65	9:43.80	544	10/03/12	Warwickshire County Championships	Coventry	CC2006	1
50 Breaststroke	44.23	43.50	286	12/03/11	Warwickshire County Championships	Coventry	CC1006	1
50 Butterfly	30.76	30.10	500	30/01/16	Burns Open Meet 2016	Sheffield	NE160170	1
100 Butterfly	1:09.92	1:08.80	499	27/05/17	Cardiff International Open Meet 2017	Cardiff	WL170116	1
200 Butterfly	2:43.66	2:41.70	412	28/01/12	ASA Central Zone Meet	Corby	ZM2130	1
50 Backstroke	34.78	34.20	460	18/02/17	BUCS Long Course Swimming Championships	Sheffield	NE170125	1
100 Backstroke	1:21.12	1:20.10	352	19/03/11	Warwickshire County Championships	Coventry	CC1007	1
200 Individual Medley	2:35.92	2:33.40	529	01/06/13	Midland Age Group Championships 2013	Coventry	WMR316	1
400 Individual Medley	5:36.13	5:30.90	494	03/03/12	Warwickshire County Championships	Coventry	CC2005	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.10	27.90	605	07/11/15	Midland 2015 Short Course Championships	Nottingham	EM151953	2
100 Freestyle	59.25	1:00.60	610	21/11/15	Golden Eagle Meet 2015	Bletchley	ER151726	2
200 Freestyle	2:09.40	2:12.10	619	16/11/14	City Of Leicester Winter Short Course Meet	Leicester	EM14411	2
400 Freestyle	4:34.19	4:39.30	600	05/10/14	Coventry & District Swimming Club Champs	Nuneaton	WM4775	2
800 Freestyle	9:40.15	9:50.00	557	14/12/12	Scottish Gas National SC Championships	Edinburgh	SCO681	1
1500 Freestyle	18:39.06	18:57.30	534	18/11/12	Stratford Sharks SC Club Championships	Stratford	WM2654	4
50 Breaststroke	37.30	38.10	439	04/10/14	Coventry & District Swimming Club Champs	Nuneaton	WM4775	2
100 Breaststroke	1:23.83	1:25.30	411	15/11/14	City Of Leicester Winter Short Course Meet	Leicester	EM14411	2
200 Breaststroke	3:16.03	3:18.70	323	03/11/12	Stratford Sharks SC Club Championships	Stratford	WM2655	4
50 Butterfly	30.59	31.20	506	08/11/15	Midland 2015 Short Course Championships	Nottingham	EM151953	2
100 Butterfly	1:07.27	1:08.40	518	06/12/15	Stratford Sharks Club Championships	Stratford	WM152276	4
200 Butterfly	2:41.22	2:43.20	408	15/11/13	Stratford Sharks ASC Club Championships	Stratford	WM3789	4
50 Backstroke	34.53	35.10	391	04/10/14	Coventry & District Swimming Club Champs	Nuneaton	WM4775	2
100 Backstroke	1:12.84	1:13.90	427	06/12/15	Stratford Sharks Club Championships	Stratford	WM152276	4
200 Backstroke	2:43.77	2:45.80	383	02/07/11	Boldmere Water Carnival	Birmingham	WM1285	3
200 Individual Medley	2:33.03	2:35.60	504	17/11/13	Stratford Sharks ASC Club Championships	Warwick	WM3788	4
400 Individual Medley	5:29.83	5:35.10	483	22/01/12	Maxwell January Open Meet	Aylesbury	SE2239	2
100 Individual Medley	1:12.21	1:12.20	479	20/12/14	Stratford Sharks Club Sprint Night	Leamington Spa	WM14657	4