

# Individual Best Times (All Time)

Sophie Fletcher - (492130) - South Holderness SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.87	38.30	224	20/03/10	Yorkshire County Champs	Sheffield	CC0040	1
400 Freestyle	5:21.80	5:17.40	391	15/02/14	Yorkshire SA County Championship	Leeds	CC4067	1
50 Breaststroke	53.76	53.20	159	20/03/10	Yorkshire County Champs	Sheffield	CC0040	1
50 Backstroke	49.91	49.50	155	20/03/10	Yorkshire County Champs	Sheffield	CC0040	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.12	32.80	363	17/05/15	Hull & District SA Championship Gala Series	Hull	NE150645	4
100 Freestyle	1:07.22	1:08.50	417	19/04/15	South Holderness SC Spring Club Championships 2015	South Holderness	NE150721	4
200 Freestyle	2:24.84	2:27.20	441	25/10/14	South Holderness Autumn Gala	Preston	NE14146	4
400 Freestyle	5:00.40	5:05.00	456	13/12/14	South Holderness Club Championships	Preston	NE14149	4
50 Breaststroke	44.83	45.50	253	25/10/14	South Holderness Autumn Gala	Preston	NE14146	4
100 Breaststroke	1:35.16	1:36.50	281	17/05/15	Hull & District SA Championship Gala Series	Hull	NE150645	4
200 Breaststroke	3:25.10	3:27.70	282	16/11/14	South Holderness Club Championships	Preston	NE14148	4
50 Butterfly	36.56	37.10	296	07/12/14	Hull & District No Frills Sprints Qualifier	Hull	NE14676	4
100 Butterfly	1:18.69	1:19.70	324	19/04/15	South Holderness SC Spring Club Championships 2015	South Holderness	NE150721	4
200 Butterfly	2:58.36	3:00.10	301	14/12/14	South Holderness Club Championships	Preston	NE14149	4
50 Backstroke	39.49	40.00	261	14/09/14	South Holderness SC Club Championships Autumn Gala	Preston	NE14145	4
100 Backstroke	1:21.20	1:22.20	308	12/07/14	South Holderness Spring Club Championships	Preston	NE4446	4
200 Backstroke	2:52.00	2:53.90	330	09/11/14	South Holderness Club Championships	Preston	NE14147	4
200 Individual Medley	2:49.53	2:51.80	371	28/06/15	South Holderness Spring Club Championships 2015	South Holderness	NE150722	4
100 Individual Medley	1:23.17	1:23.20	313	19/10/14	Hull & District SA Championship Gala Series	Hull	NE4300	4