

Individual Best Times (All Time)

Elizabeth Manning - (491604) - Fleetwood & District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.87	32.20	370	01/10/11	Sherwood Colliery Robin Hood Open Meet	Sheffield	EM1319	1
100 Freestyle	1:10.41	1:09.20	396	02/10/11	Sherwood Colliery Robin Hood Open Meet	Sheffield	EM1319	1
200 Freestyle	2:32.47	2:30.20	405	02/10/11	Sherwood Colliery Robin Hood Open Meet	Sheffield	EM1319	1
400 Freestyle	5:20.41	5:16.00	396	01/10/11	Sherwood Colliery Robin Hood Open Meet	Sheffield	EM1319	1
50 Breaststroke	46.14	45.50	252	26/06/11	City of Liverpool Summer Meet 2011	Liverpool	NW1026	1
50 Backstroke	39.40	38.90	316	05/11/11	City of Coventry November Open Meet	Coventry	WM1068	1
100 Backstroke	1:21.23	1:20.20	351	05/11/11	City of Coventry November Open Meet	Coventry	WM1068	1
200 Backstroke	2:52.99	2:51.00	360	02/10/11	Sherwood Colliery Robin Hood Open Meet	Sheffield	EM1319	1
200 Individual Medley	3:01.50	2:59.30	335	26/06/11	City of Liverpool Summer Meet 2011	Liverpool	NW1026	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.92	32.60	370	27/10/12	North Lancs SC L3 Meet	Blackpool	NW2607	3
100 Freestyle	1:09.47	1:10.70	378	03/02/13	North Lancashire AG & Youth Champs	Blackpool	NW3161	3
200 Freestyle	2:29.71	2:32.00	400	27/10/12	North Lancs SC L3 Meet	Blackpool	NW2607	3
400 Freestyle	5:18.24	5:22.60	383	30/04/11	Wrexham Spring Meet	Wrexham	WAL354	2
50 Breaststroke	42.94	43.70	288	28/10/12	North Lancs SC L3 Meet	Blackpool	NW2607	3
100 Breaststroke	1:32.05	1:33.40	310	28/10/12	North Lancs SC L3 Meet	Blackpool	NW2607	3
50 Butterfly	37.47	38.00	275	18/01/14	North Lancashire Age Groups 2014	Blackpool	NW4147	3
100 Butterfly	1:22.36	1:23.30	282	29/09/12	Ulverston ASC Graded Open Age Group Meet	Kendal	NW2642	3
50 Backstroke	36.96	37.50	318	27/10/12	North Lancs SC L3 Meet	Blackpool	NW2607	3
100 Backstroke	1:17.42	1:18.50	356	27/10/12	North Lancs SC L3 Meet	Blackpool	NW2607	3
200 Backstroke	2:48.58	2:50.50	351	01/05/11	Wrexham Spring Meet	Wrexham	WAL354	2
200 Individual Medley	2:48.25	2:50.60	379	19/01/13	North Lancashire AG & Youth Champs	Blackpool	NW3160	3
100 Individual Medley	1:21.28	1:21.30	336	11/06/11	Cath Ankers Meet	Wrexham	WAL367	3