

Individual Best Times (All Time)

Annie Polling - (490773) - City of Brighton and Hove

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.62	28.90	506	01/03/15	Sussex County Championships	Crawley	CC150378	1
100 Freestyle	1:04.12	1:02.80	524	28/02/15	Sussex County Championships	Crawley	CC150378	1
200 Freestyle	2:30.99	2:28.70	417	14/04/12	19th Easter International Meet	Gzira Malta	GB2035	1
800 Freestyle	11:04.03	10:55.30	389	14/04/12	19th Easter International Meet	Gzira Malta	GB2035	1
50 Breaststroke	44.21	43.50	286	03/11/12	City of Coventry November Open Meet	Coventry	WM2024	1
100 Breaststroke	1:33.92	1:32.60	318	13/04/13	Crawley SC Spring Long Course Open Meet	Crawley	SE3140	1
200 Breaststroke	3:49.05	3:46.70	216	03/10/10	Crawley Opportunity Meet	Crawley	SE0476	3
50 Butterfly	31.15	30.50	482	14/03/15	Sussex County Championships	Crawley	CC150379	1
100 Butterfly	1:09.74	1:08.60	503	15/03/15	Sussex County Championships	Crawley	CC150379	1
200 Butterfly	3:34.46	3:33.00	183	14/04/12	19th Easter International Meet	Gzira Malta	GB2035	1
50 Backstroke	35.28	34.70	441	15/03/15	Sussex County Championships	Crawley	CC150379	1
100 Backstroke	1:15.50	1:14.40	437	14/03/15	Sussex County Championships	Crawley	CC150379	1
200 Backstroke	3:01.56	2:59.70	311	14/04/12	19th Easter International Meet	Gzira Malta	GB2035	1
200 Individual Medley	2:40.16	2:37.70	488	01/03/15	Sussex County Championships	Crawley	CC150378	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.26	30.00	481	27/10/14	Sussex County Winter Meet	Horsham	SE14475	2
100 Freestyle	1:01.71	1:03.10	539	25/10/15	Sussex County ASA Winter Competition 2015	Horsham	SE152007	2
200 Freestyle	2:17.26	2:19.80	519	26/10/14	Sussex County Winter Meet	Horsham	SE14474	2
400 Freestyle	4:58.78	5:03.40	463	17/10/14	Brighton SC Club Championships	Brighton	SE4852	4
50 Breaststroke	39.16	40.00	380	27/10/14	Sussex County Winter Meet	Horsham	SE14475	2
100 Breaststroke	1:25.98	1:27.40	381	20/10/14	Brighton Club Championships	Brighton	SE4854	4
200 Breaststroke	3:01.46	3:04.40	407	25/10/13	Brighton SC Club Championships	Brighton	SE3677	4
50 Butterfly	30.60	31.20	505	25/10/15	Sussex County ASA Winter Competition 2015	Horsham	SE152007	2
100 Butterfly	1:07.14	1:08.30	521	25/10/15	Sussex County ASA Winter Competition 2015	Horsham	SE152007	2
200 Butterfly	2:49.79	2:51.60	349	14/10/13	Brighton SC Club Championships	Brighton	SE3677	4
50 Backstroke	34.18	34.80	403	12/09/15	Brighton Ken Deeley Open	Brighton	SE150731	3
100 Backstroke	1:11.58	1:12.70	450	27/10/14	Sussex County Winter Meet	Horsham	SE14475	2
200 Backstroke	2:35.20	2:37.30	450	20/10/14	Brighton Club Championships	Brighton	SE4854	4
200 Individual Medley	2:34.94	2:37.50	486	19/10/14	Brighton Club Championships	Brighton	SE4853	4
400 Individual Medley	5:35.87	5:41.10	458	20/10/14	Brighton Club Championships	Brighton	SE4854	4
100 Individual Medley	1:11.73	1:11.70	488	27/10/14	Sussex County Winter Meet	Horsham	SE14475	2