

Individual Best Times (All Time)

Anthony Rawson - (48852) - South Holderness SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.74	26.00	478	17/03/12	Yorkshire County Championships	Sheffield	CC2043	1
100 Freestyle	59.28	57.90	493	09/06/07	ASANER Bagcat Champs	Sheffield	NER707	1
200 Freestyle	2:15.83	2:13.30	423	15/12/07	City of Leeds ChristmasMt	Leeds	NE7205	2
400 Freestyle	4:50.45	4:45.60	434	25/02/07	Yorkshire Champs	Leeds	CC7050	2
50 Breaststroke	35.56	34.70	388	03/02/07	Yorkshire County Champs	Leeds	CC7049	2
100 Breaststroke	1:17.17	1:15.50	400	24/02/07	Yorkshire Champs	Leeds	CC7050	2
200 Breaststroke	2:49.72	2:46.60	404	04/06/06	North East Region BAGCATS	Sheffield	NER623	1
50 Butterfly	46.43	46.00	110	07/06/03	Yorkshire ASA SportsAid Gala	Leeds	DME089	1
100 Butterfly	1:21.50	1:20.60	223	09/10/05	Yorkshire Winter Age Group	Sheffield	NE5050	1
50 Backstroke	31.59	30.90	414	20/12/08	City of Leeds Xmas Cracker	Leeds	NE8304	1
100 Backstroke	1:09.48	1:08.30	409	17/03/07	Yorkshire County Champs	Sheffield	CC7051	2
200 Backstroke	2:33.12	2:30.90	390	03/06/06	North East Region BAGCATS	Sheffield	NER623	1
200 Individual Medley	2:28.46	2:25.80	452	17/03/07	Yorkshire County Champs	Sheffield	CC7051	2
400 Individual Medley	5:20.66	5:15.10	432	17/03/07	Yorkshire County Champs	Sheffield	CC7051	2

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.48	26.30	495	12/11/11	BUCS Swimming (25m) Championships 2011	Sheffield	BUC004	2
100 Freestyle	55.74	57.20	520	10/10/09	Yorkshire Winter Meet	Sheffield	NE9301	2
200 Freestyle	2:11.65	2:14.30	430	05/10/08	Darlington Open Meet	Darlington	NE8272	1
50 Breaststroke	33.83	34.70	401	24/03/07	Yorkshire County Champs	Sheffield	CC7052	2
100 Breaststroke	1:15.62	1:17.30	390	14/04/07	Kingston Upon Hull Open	Beverley	NE7059	1
200 Breaststroke	2:44.42	2:47.60	390	15/04/07	Kingston Upon Hull Open	Beverley	NE7059	1
50 Butterfly	30.39	31.00	366	03/11/07	North East Region Champs	Middlesbrough	NER723	1
100 Butterfly	1:38.36	1:39.10	114	24/04/04	Kingston Upon Hull Open Meet	Ennerdale Centre	L1E088	2
50 Backstroke	30.47	31.10	382	24/03/07	Yorkshire County Champs	Sheffield	CC7052	2
100 Backstroke	1:07.18	1:08.40	372	15/04/07	Kingston Upon Hull Open	Beverley	NE7059	1
200 Individual Medley	2:22.41	2:25.10	456	11/10/09	Yorkshire Winter Meet	Sheffield	NE9301	2