

# Individual Best Times (All Time)

Taavo Moran - (487000) - Harlow Penguin SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.68	27.90	387	28/10/17	Essex Senior Winter Championships 2017	Basildon	ER171405	1
100 Freestyle	1:04.79	1:03.50	378	29/10/17	Essex Senior Winter Championships 2017	Basildon	ER171405	1
50 Breaststroke	38.59	37.80	304	04/02/17	Essex Age Group Championships	London	ER170023	1
100 Breaststroke	1:37.01	1:35.70	201	27/09/15	BWFSC County Qualifier Meet 2015	London	LR151058	3
50 Butterfly	32.64	32.10	317	29/10/17	Essex Senior Winter Championships 2017	Basildon	ER171405	1
50 Backstroke	40.86	40.40	191	18/07/15	Basildon & Phoenix LC End of Season Meet	Basildon	ER150046	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.13	28.90	368	15/07/17	Harlow Penguins 6th Eric Shepherd Open Meet	Harlow	ER171099	3
100 Freestyle	1:03.02	1:04.30	360	15/07/17	Harlow Penguins 6th Eric Shepherd Open Meet	Harlow	ER171099	3
200 Freestyle	2:32.55	2:34.80	276	12/03/16	Basildon & Phoenix SC Spring Time Trial Event 2016	Basildon	ER160007	3
50 Breaststroke	36.97	37.80	307	15/07/17	Harlow Penguins 6th Eric Shepherd Open Meet	Harlow	ER171099	3
100 Breaststroke	1:23.52	1:25.00	289	15/07/17	Harlow Penguins 6th Eric Shepherd Open Meet	Harlow	ER171099	3
200 Breaststroke	3:51.02	3:53.30	140	14/09/14	Epping Forest DSC Season Opener Gala 2014	Loughton	ER4460	3
50 Butterfly	34.51	35.10	250	29/10/16	Cheshunt Open Meet	Harlow	ER160277	3
50 Backstroke	38.39	38.90	191	31/10/15	Cheshunt Open Meet	Harlow	ER150304	3
200 Individual Medley	2:53.81	2:56.10	250	18/06/16	Harlow Penguins 5th Eric Shepherd Open Meet	Harlow	ER160521	3
100 Individual Medley	1:27.42	1:27.40	179	12/04/15	Halstead 6th Short Course Open Meet	Braintree	ER150571	3