

Individual Best Times (All Time)

Nell Baughan - (486788) - Hemel Hempstead SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	46.75	46.30	128	10/04/10	Bracknell & Wokingham	Aldershot	SE0251	3
100 Freestyle	1:42.13	1:41.30	129	10/04/10	Bracknell & Wokingham	Aldershot	SE0251	3
200 Freestyle	3:49.32	3:47.80	119	10/04/10	Bracknell & Wokingham	Aldershot	SE0251	3
100 Breaststroke	2:18.11	2:17.20	100	10/04/10	Bracknell & Wokingham	Aldershot	SE0251	3
50 Backstroke	56.34	56.00	108	10/04/10	Bracknell & Wokingham	Aldershot	SE0251	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.23	33.90	328	27/09/14	Romford Town SC 4th David Jacobs Memorial Gala	Thurrock	LR4973	3
100 Freestyle	1:13.37	1:14.50	321	04/10/14	Maxwell Autumn Meet	Aylesbury	SE14110	3
200 Freestyle	2:41.70	2:43.80	317	29/11/14	Hemel Hempstead Club Championships	Hemel Hempstead	ER14693	4
400 Freestyle	5:52.73	5:56.70	281	24/11/13	Hemel Hempstead Middle Distance Meet	Hemel Hempstead	ER31024	4
800 Freestyle	11:28.21	11:36.60	333	23/11/14	Hemel Hempstead Club Championships	Hemel Hempstead	ER14692	4
50 Breaststroke	45.72	46.40	238	29/06/14	Hemel Hempstead SC Sprint Championships	Hemel Hempstead	ER4169	4
100 Breaststroke	1:37.89	1:39.20	258	17/01/15	2nd Hoddesdon County Qualifier Open Meet	Borehamwood	ER150005	3
200 Breaststroke	3:27.27	3:29.80	273	14/12/14	Team Luton Development 2014 Meet	Luton	ER14555	3
50 Butterfly	38.91	39.40	245	10/05/14	Hemel Hempstead 3rd Spring Development Meet	Hemel Hempstead	ER4168	3
100 Butterfly	1:25.72	1:26.60	250	18/10/14	Hemel Hempstead SC 101st Birthday Open	Hemel Hempstead	ER4170	3
200 Butterfly	3:21.54	3:23.10	209	23/11/13	Hemel Hempstead Middle Distance Meet	Hemel Hempstead	ER31024	4
50 Backstroke	39.53	40.00	260	30/06/14	Hemel Hempstead SC Sprint Championships	Hemel Hempstead	ER4169	4
100 Backstroke	1:25.81	1:26.70	261	01/07/14	Hemel Hempstead SC Sprint Championships	Hemel Hempstead	ER4169	4
200 Backstroke	3:13.82	3:15.50	231	24/11/13	Hemel Hempstead Middle Distance Meet	Hemel Hempstead	ER31024	4
200 Individual Medley	2:59.17	3:01.40	314	04/10/14	Maxwell Autumn Meet	Aylesbury	SE14110	3
400 Individual Medley	6:17.13	6:21.80	323	20/11/14	Hemel Hempstead Club Championships	Hemel Hempstead	ER14692	4
100 Individual Medley	1:24.74	1:24.70	296	27/09/14	Romford Town SC 4th David Jacobs Memorial Gala	Thurrock	LR4973	3