

Individual Best Times (All Time)

Hannah Goates - (486775) - Dacorum Diving Club

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|---|-----------------|----------|-------|
| 50 Freestyle | 36.66 | 37.20 | 244 | 19/10/13 | Hemel Hempstead 100th Birthday Open Meet | Hemel Hempstead | ER3121 | 3 |
| 100 Freestyle | 1:23.24 | 1:24.20 | 219 | 10/05/14 | Hemel Hempstead 3rd Spring Development Meet | Hemel Hempstead | ER4168 | 3 |
| 200 Freestyle | 3:02.89 | 3:04.80 | 219 | 23/11/13 | Hemel Hempstead Middle Distance Meet | Hemel Hempstead | ER31024 | 4 |
| 400 Freestyle | 6:33.34 | 6:36.90 | 203 | 27/11/14 | Hemel Hempstead Club Championships | Hemel Hempstead | ER14693 | 4 |
| 50 Breaststroke | 46.69 | 47.40 | 224 | 24/11/13 | Hemel Hempstead Middle Distance Meet | Hemel Hempstead | ER31024 | 4 |
| 100 Breaststroke | 1:44.93 | 1:46.10 | 209 | 20/10/13 | Hemel Hempstead 100th Birthday Open Meet | Hemel Hempstead | ER3121 | 3 |
| 200 Breaststroke | 3:38.54 | 3:41.00 | 233 | 28/11/14 | Hemel Hempstead Club Championships | Hemel Hempstead | ER14693 | 4 |
| 50 Butterfly | 42.60 | 43.00 | 187 | 28/11/14 | Hemel Hempstead Club Championships | Hemel Hempstead | ER14693 | 4 |
| 100 Butterfly | 1:40.11 | 1:40.90 | 157 | 10/05/14 | Hemel Hempstead 3rd Spring Development Meet | Hemel Hempstead | ER4168 | 3 |
| 50 Backstroke | 40.61 | 41.10 | 240 | 29/11/14 | Hemel Hempstead Club Championships | Hemel Hempstead | ER14693 | 4 |
| 100 Backstroke | 1:24.87 | 1:25.80 | 270 | 17/10/15 | Hemel Hempstead 102nd Birthday Open | Hemel Hempstead | ER151728 | 2 |
| 200 Backstroke | 3:05.54 | 3:07.30 | 263 | 24/11/13 | Hemel Hempstead Middle Distance Meet | Hemel Hempstead | ER31024 | 4 |
| 200 Individual Medley | 3:13.17 | 3:15.20 | 251 | 20/10/13 | Hemel Hempstead 100th Birthday Open Meet | Hemel Hempstead | ER3121 | 3 |
| 100 Individual Medley | 1:32.28 | 1:32.30 | 229 | 16/05/15 | Hemel Hempstead 4th Spring Development Meet | Hemel Hempstead | ER150118 | 3 |