## Individual Best Times (All Time)

## Kieran Raphy - (482495) - Bishops Stortford SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.32	26.50	448	05/07/14	Bishop Stortford End of Season Open Meet	Luton	ER4530	3
100 Freestyle	59.56	58.10	487	03/05/14	ASA East Region Youth Championships	Luton	ERX406	1
200 Freestyle	2:08.25	2:05.50	503	07/12/13	ASA East Regionals Winter Championships	Norwich	ERX328	1
400 Freestyle	4:30.13	4:24.90	540	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
1500 Freestyle	18:05.43	17:46.30	516	09/03/13	Hertfordshire County Championships	Luton	CC3087	1
50 Breaststroke	38.31	37.50	310	05/07/14	Bishop Stortford End of Season Open Meet	Luton	ER4530	3
100 Breaststroke	1:34.02	1:32.70	221	27/11/10	Sheffield City B Grade	Sheffield	NE0385	3
50 Butterfly	29.63	29.00	424	22/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	ER3693	1
100 Butterfly	1:23.26	1:22.30	209	05/07/14	Bishop Stortford End of Season Open Meet	Luton	ER4530	3
50 Backstroke	33.75	33.10	339	05/07/14	Bishop Stortford End of Season Open Meet	Luton	ER4530	3
100 Backstroke	1:12.82	1:11.70	355	05/07/14	Bishop Stortford End of Season Open Meet	Luton	ER4530	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.83	26.60	475	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	NE182328	2
100 Freestyle	56.81	58.30	491	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	NE182328	2
200 Freestyle	2:02.69	2:05.50	531	06/12/14	ASA East Region Winter Championships	Luton	ERX432	2
400 Freestyle	4:20.38	4:25.70	541	07/11/15	ASA East Region Winter Championships 2015	Luton	ER151653	2
1500 Freestyle	17:09.79	17:29.60	556	25/01/14	Hackney Aquatics Club 1st Distance Meet	Hackney	LR4211	3
50 Breaststroke	36.19	37.00	327	22/09/12	Bishops Stortford SC 4th Autumn Open Meet	Braintree	ER2402	3
100 Breaststroke	1:23.78	1:25.30	287	15/07/12	City of Cambridge Summer Open	Cambridge	ER2318	3
200 Breaststroke	2:56.30	2:59.30	316	01/12/13	Atlantis Christmas Cracker Open Meet	Horsham	SE3221	3
50 Butterfly	28.51	29.20	444	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	NE182328	2
100 Butterfly	1:18.32	1:19.30	227	07/07/13	Bishops Stortford 2013 Club Championships	Bishop's Stortford	ER3448	4
200 Butterfly	3:00.93	3:02.70	205	05/07/13	Bishops Stortford 2013 Club Championships	Bishop's Stortford	ER3448	4
50 Backstroke	31.90	32.50	332	24/01/15	Bishop Stortford 1st Winter Open Meet	Harlow	ER150011	3
100 Backstroke	1:07.43	1:08.60	368	18/01/15	2nd Hoddesdon County Qualifier Open Meet	Borehamwood	ER150005	3
200 Backstroke	2:24.56	2:26.80	390	22/11/14	Harlow Penguins Winter Open Meet	Harlow	ER14724	3
200 Individual Medley	2:25.28	2:28.00	429	18/01/15	2nd Hoddesdon County Qualifier Open Meet	Borehamwood	ER150005	3
400 Individual Medley	5:28.86	5:34.20	364	18/06/13	Bishops Stortford 2013 Club Championships	Bishop's Stortford	ER3448	4
100 Individual Medley	1:11.34	1:11.30	329	11/11/12	Bishops Stortford SC Club Championships	Bishop's Stortford	ER2387	4