

# Individual Best Times (All Time)

Georgina Pryor - (482480) - Derby Excel Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.45	25.70	711	11/03/22	Edinburgh International 2022	Edinburgh	SCO1859	1
100 Freestyle	56.44	54.90	769	07/04/23	British Swimming Championships 2023	Sheffield	BSW024	1
200 Freestyle	2:01.81	1:58.90	795	02/04/24	Speedo Aquatics GB Swimming Championships 2024	London	BSW026	1
400 Freestyle	4:51.96	4:47.10	524	17/11/12	Team Luton Inaugural Long Course Meet	Luton	ER2464	1
800 Freestyle	10:05.97	9:56.40	512	02/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	ERX201	1
1500 Freestyle	20:55.95	20:39.40	393	12/06/10	East Region BAGCATS	Norwich	ERX013	1
50 Breaststroke	38.57	37.70	432	05/10/14	Robin Hood Open Meet 2014	Sheffield	EM4455	1
100 Breaststroke	1:24.61	1:23.10	435	04/10/14	Robin Hood Open Meet 2014	Sheffield	EM4455	1
200 Breaststroke	3:05.36	3:02.50	408	09/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	ERX201	1
50 Butterfly	26.77	26.10	760	06/04/22	British Championships 2022	Sheffield	BSW020	1
100 Butterfly	59.77	58.50	799	10/04/22	British Championships 2022	Sheffield	BSW020	1
200 Butterfly	2:53.81	2:52.00	344	05/06/10	BG East Region Bagcats	Norwich	ERX012	1
50 Backstroke	29.54	28.90	751	02/05/22	SE East Midland Regional Long Course Championships	Sheffield	EM220575	1
100 Backstroke	1:02.34	1:01.00	777	03/04/24	Speedo Aquatics GB Swimming Championships 2024	London	BSW026	1
200 Backstroke	2:23.00	2:20.70	638	24/05/14	Team Luton Last Chance National Qualifier 2014	Luton	ER4086	1
200 Individual Medley	2:25.71	2:23.00	648	05/04/15	Basildon & Phoenix LC Easter Meet	Basildon	ER150042	1
400 Individual Medley	5:20.51	5:15.00	570	09/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	ERX201	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.59	26.40	719	07/11/21	East Midland Region Short Course Championships 21	Nottingham	EM211276	2
100 Freestyle	55.23	56.70	753	04/11/23	SE EM Short Course Championships 2023	Nottingham	EM232280	2
200 Freestyle	1:56.66	1:59.60	845	16/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
400 Freestyle	4:34.11	4:39.20	600	25/05/12	Hoddesdon Club Championships	Hoddesdon	ER2405	4
800 Freestyle	9:41.54	9:51.40	553	11/03/12	Hertfordshire County Championships	Hatfield	CC2103	2
50 Breaststroke	37.94	38.80	418	17/10/14	Hoddesden Club Championships	Hoddesden	ER14553	4
100 Breaststroke	1:21.14	1:22.70	453	05/10/13	Bishop Stortford 5th Autumn Open Meet	Braintree	ER3472	3
200 Breaststroke	3:01.03	3:03.90	410	17/03/12	Hertfordshire County Championships	Borehamwood	CC2104	2
50 Butterfly	26.11	26.80	814	14/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
100 Butterfly	57.48	58.80	831	15/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
200 Butterfly	2:22.09	2:24.30	596	19/07/21	Derventio Excel	Queens	LEX3487	0
50 Backstroke	27.80	28.50	749	03/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
100 Backstroke	58.02	59.40	846	17/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
200 Backstroke	2:17.33	2:19.70	649	09/03/14	Hertfordshire ASA County Championships	Borehamwood	CC4080	2
200 Individual Medley	2:18.81	2:21.60	676	14/12/19	NASL London Round 3	Hertfordshire	ER192872	2
400 Individual Medley	5:00.72	5:06.50	638	26/07/21	Derventio Excel	Queens	LEX3593	0
100 Individual Medley	1:05.53	1:05.50	641	03/11/20	Derventio Excel	Queen's Leisure Cen	LEX510	0