

Individual Best Times (All Time)

Holly Hildrew - (479017) - The University Of Birmingham

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.32	26.50	645	30/05/15	London Regional Championships	London	LR150606	1
100 Freestyle	58.57	57.10	688	14/04/15	British Championships 2015	London	ASA139	1
200 Freestyle	2:08.61	2:05.90	675	11/04/15	Killerwhales Mid Qualifying Meet	Basildon	LR150206	1
400 Freestyle	4:33.95	4:28.80	634	03/08/14	BG ASA National Age Groups Champs 2014	Sheffield	ASA134	1
800 Freestyle	10:19.66	10:10.30	478	30/03/12	Essex County Championships	Basildon	CC2060	1
50 Breaststroke	37.10	36.20	485	30/05/15	London Regional Championships	London	LR150606	1
100 Breaststroke	1:18.30	1:16.70	549	02/08/14	BG ASA National Age Groups Champs 2014	Sheffield	ASA134	1
200 Breaststroke	2:52.43	2:49.30	507	08/12/13	London Winter Championships	Ealing	LRX324	1
50 Butterfly	28.42	27.70	635	26/06/14	British Gas International Swimming Meet 2014	Manchester	ASA133	1
100 Butterfly	1:03.64	1:02.40	662	29/07/15	British Summer Championships	Sheffield	ASA141	1
200 Butterfly	2:23.91	2:21.70	606	31/07/15	British Summer Championships	Sheffield	ASA141	1
50 Backstroke	30.94	30.30	654	01/08/15	British Summer Championships	Sheffield	ASA141	1
100 Backstroke	1:08.35	1:07.20	590	17/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	NE4110	1
200 Backstroke	2:27.42	2:25.10	582	04/05/15	London Region Summer Championships	Crystal Palace	LR150561	1
200 Individual Medley	2:21.11	2:18.30	713	04/08/15	ASA Summer Nationals 2015	Sheffield	ASA142	1
400 Individual Medley	5:07.44	5:01.70	646	31/07/14	BG ASA National Age Groups Champs 2014	Sheffield	ASA134	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.62	27.40	639	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
100 Freestyle	57.62	59.10	663	04/10/15	ESSA Inter-Divisional Championships	Leeds	NE151126	2
200 Freestyle	2:04.61	2:07.40	693	29/10/16	Essex Senior Winter Championships 2016	Basildon	ER161065	2
400 Freestyle	4:25.19	4:30.40	663	16/03/14	Essex County Championships	Basildon	CC4040	2
800 Freestyle	9:08.80	9:19.20	658	23/10/15	Essex Senior Short Course Championships 2015	Basildon	ER150959	2
50 Breaststroke	34.61	35.50	550	25/10/15	Essex Senior Short Course Championships 2015	Basildon	ER150959	2
100 Breaststroke	1:14.43	1:16.10	588	31/01/15	Essex County Age Group Championships 2015	Southend	CC150044	2
200 Breaststroke	2:38.57	2:41.90	611	29/03/14	Essex County Age Groups Championships	Basildon	CC4042	2
50 Butterfly	27.82	28.50	673	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	NE182328	2
100 Butterfly	1:02.79	1:04.00	637	08/11/15	ASA London Region Winter Short Course Championship	London	LR150872	2
200 Butterfly	2:18.41	2:20.70	645	25/10/15	Essex Senior Short Course Championships 2015	Basildon	ER150959	2
50 Backstroke	30.13	30.80	588	24/10/15	Essex Senior Short Course Championships 2015	Basildon	ER150959	2
100 Backstroke	1:05.00	1:06.20	602	30/11/14	Essex Senior Junior Championships	Basildon	ER4970	2
200 Backstroke	2:22.27	2:24.60	584	18/01/15	Essex County Age Group Championships 2015	Basildon	CC150043	2
200 Individual Medley	2:18.05	2:20.90	687	07/11/15	ASA London Region Winter Short Course Championship	London	LR150872	2
400 Individual Medley	4:56.68	5:02.50	664	06/12/14	London Region Winter Championships	London	LRX425	2
100 Individual Medley	1:04.67	1:04.70	667	30/03/14	Essex County Age Groups Championships	Basildon	CC4042	2