

Individual Best Times (All Time)

Isabel Watkins - (477473) - West Dorset SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.94	30.60	449	20/11/21	BUCS Short Course Swimming	Sheffield	NE210935	2
100 Freestyle	1:04.85	1:06.10	465	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
200 Freestyle	2:22.15	2:24.60	467	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
400 Freestyle	5:17.34	5:21.70	387	26/11/16	West Dorset Low Level Club Champs	Dorchester	SW162153	4
50 Breaststroke	44.44	45.10	260	22/11/15	West Dorset SC Low Level Invitational Club Champs	Dorchester	SW152036	4
100 Breaststroke	1:39.44	1:40.70	246	20/12/14	Yeovil & District 2014 Christmas Open Meet	Millfield	SW4539	3
50 Butterfly	35.67	36.20	319	04/12/16	West Dorset December Open Meet	Dorchester	SW162154	3
50 Backstroke	35.56	36.10	358	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
100 Backstroke	1:16.88	1:17.90	363	04/12/16	West Dorset December Open Meet	Dorchester	SW162154	3
200 Backstroke	2:44.34	2:46.40	379	03/12/16	West Dorset December Open Meet	Dorchester	SW162154	3
200 Individual Medley	2:52.67	2:54.90	351	27/02/16	Dorset County ASA Integrated Champs & AG	Littledown	SW160049	2
100 Individual Medley	1:18.44	1:18.40	373	02/07/16	2016 Dorset Development Competition	Littledown	SW160051	3