

# Individual Best Times (All Time)

Kirsten Keay - (475548) - South Mainland ASC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.48	36.10	269	16/03/14	Shetland Sprint Championships	Lerwick	SCO819	2
100 Freestyle	1:18.98	1:20.00	257	20/04/14	Buckie ASC Age Group Meet	Buckie	SCO848	2
200 Freestyle	2:53.40	2:55.40	257	19/04/14	Buckie ASC Age Group Meet	Buckie	SCO848	2
50 Breaststroke	46.34	47.00	229	16/03/14	Shetland Sprint Championships	Lerwick	SCO819	2
100 Breaststroke	1:43.66	1:44.90	217	19/04/14	Buckie ASC Age Group Meet	Buckie	SCO848	2
200 Breaststroke	3:45.00	3:47.30	213	20/04/14	Buckie ASC Age Group Meet	Buckie	SCO848	2
50 Butterfly	41.37	41.80	204	16/03/14	Shetland Sprint Championships	Lerwick	SCO819	2
100 Butterfly	1:39.94	1:40.70	158	24/11/13	Shetland Senior Age Group Championships	Clickimin	SCO801	2
50 Backstroke	44.89	45.30	177	16/03/14	Shetland Sprint Championships	Lerwick	SCO819	2
100 Backstroke	1:33.37	1:34.20	203	25/10/14	Alford Otters 5th 100 Meet	Westhill	SCO890	2
200 Backstroke	3:37.74	3:39.30	162	19/04/14	Buckie ASC Age Group Meet	Buckie	SCO848	2
200 Individual Medley	3:24.96	3:26.90	210	24/11/13	Shetland Senior Age Group Championships	Clickimin	SCO801	2
100 Individual Medley	1:30.21	1:30.20	245	25/10/14	Alford Otters 5th 100 Meet	Westhill	SCO890	2