

Individual Best Times (All Time)

Sophie Brown - (474329) - City of Linc Pentaqua SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.74	28.00	554	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	NE4316	1
100 Freestyle	1:01.70	1:00.30	588	04/05/14	ASANER Youth & Senior Championships 2014	Sunderland	NER421	1
200 Freestyle	2:19.18	2:16.70	533	13/04/14	Sports Aid Open Meet 2014	Leeds	NE4126	1
50 Breaststroke	41.72	41.00	341	22/09/13	City of Sheffield 31st Annual Teaspoon Gala	Sheffield	NE3173	3
100 Breaststroke	1:37.88	1:36.60	281	22/01/11	City of Leeds New Year B Grade Meet	Leeds	NE1016	3
200 Breaststroke	3:38.22	3:35.80	250	12/07/09	City of Leeds B Grade	Leeds	NE9297	3
50 Butterfly	32.98	32.40	406	04/05/14	ASANER Youth & Senior Championships 2014	Sunderland	NER421	1
100 Butterfly	1:14.31	1:13.30	416	21/12/14	City of Leeds Christmas Meet	Leeds	NE4024	1
50 Backstroke	35.37	34.80	437	12/04/14	Sports Aid Open Meet 2014	Leeds	NE4126	1
100 Backstroke	1:18.65	1:17.60	387	19/01/13	City of Leeds New Year Meet	Leeds	NE3218	3
200 Backstroke	2:43.70	2:41.60	425	17/02/13	Yorkshire Age Groups Open Championships	Leeds	CC3098	1
200 Individual Medley	2:45.64	2:43.20	441	19/01/13	City of Leeds New Year Meet	Leeds	NE3218	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.66	28.40	569	06/12/14	ASANER BG Regional Senior & Youth Champs	Sunderland	NER429	2
100 Freestyle	1:00.23	1:01.60	580	07/12/14	ASANER BG Regional Senior & Youth Champs	Sunderland	NER429	2
200 Freestyle	2:12.79	2:15.40	573	01/11/14	York City Baths Club Regional Qualifier	Hull	NE14331	3
400 Freestyle	4:49.29	4:54.10	511	23/11/13	City of Bradford Winter Meet	Leeds	NE3644	3
50 Breaststroke	43.52	44.20	277	21/04/12	Harrogate District Spa Town A B Grade Meet	Harrogate	NE2069	3
100 Breaststroke	1:28.85	1:30.30	345	08/12/13	York City Baths Club Championships	York	NE3911	4
200 Breaststroke	3:07.86	3:10.70	367	10/12/14	York City Baths Club Championships 2014	York	NE14595	4
50 Butterfly	31.95	32.50	444	23/11/13	City of Bradford Winter Meet	Leeds	NE3644	3
100 Butterfly	1:11.02	1:12.10	440	11/10/14	Yorkshire Winter Championships	Sheffield	NE14602	2
200 Butterfly	2:56.17	2:58.00	312	10/12/12	York City Baths Club Championships 2012	York	NE2797	4
50 Backstroke	33.74	34.30	419	24/11/13	City of Bradford Winter Meet	Leeds	NE3644	3
100 Backstroke	1:13.96	1:15.00	408	13/10/13	Yorkshire Winter Competition	Sheffield	NE3973	2
200 Backstroke	2:34.84	2:37.00	453	08/12/14	York City Baths Club Championships 2014	York	NE14595	4
200 Individual Medley	2:38.43	2:40.90	455	13/10/13	Yorkshire Winter Competition	Sheffield	NE3973	2
100 Individual Medley	1:22.50	1:22.50	321	20/06/10	Harrogate B Grade Meet	Harrogate	NE0152	3