

Individual Best Times (All Time)

Brooke Gillies - (473936) - Glenrothes ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.80	28.10	550	31/05/15	East District Open with SASA Grand Prix	Edinburgh	SCO984	1
100 Freestyle	1:01.12	59.70	605	28/06/15	Scottish National Open Championships	Glasgow	SCO1005	1
200 Freestyle	2:16.93	2:14.40	559	13/04/13	SG National Age Group Championships	Edinburgh	SCO710	1
400 Freestyle	4:48.87	4:44.00	541	15/06/13	Scottish Gas National Open Championships	Glasgow	SCO739	1
800 Freestyle	10:06.15	9:56.50	511	02/04/12	SG National Open Age Group Championships	Sunderland	SCO601	1
50 Breaststroke	41.51	40.70	346	02/07/11	Scottish Gas National Open Championships	Glasgow	SCO536	1
100 Breaststroke	1:29.50	1:28.10	367	02/02/13	East District Age Group Meet	Edinburgh	SCO693	1
200 Breaststroke	3:21.00	3:18.30	320	21/05/11	City of Sunderland May Open Meet	Sunderland	NE1326	1
100 Butterfly	1:18.03	1:17.00	359	14/01/15	SASA East District Age Group Championships	Edinburgh	SCO927	1
50 Backstroke	32.22	31.60	579	29/05/15	East District Open with SASA Grand Prix	Edinburgh	SCO984	1
100 Backstroke	1:09.35	1:08.20	564	26/07/15	Scottish Summer Meet 2015	Edinburgh	SCO100	1
200 Backstroke	2:27.98	2:25.70	576	31/05/15	East District Open with SASA Grand Prix	Edinburgh	SCO984	1
200 Individual Medley	2:32.64	2:30.00	564	26/06/15	Scottish National Open Championships	Glasgow	SCO1005	1
400 Individual Medley	5:48.31	5:43.20	444	13/06/13	Scottish Gas National Open Championships	Glasgow	SCO739	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.34	28.10	589	17/02/18	Carnegie Open Spring Age Group Meet 2018	Dunfermline	SCO1420	2
100 Freestyle	1:00.98	1:02.30	559	25/10/15	Carnegie Winter Open Meet	Dunfermline	SCO1031	2
200 Freestyle	2:10.26	2:12.90	607	25/10/15	Carnegie Winter Open Meet	Dunfermline	SCO1031	2
400 Freestyle	4:33.84	4:38.90	602	31/10/15	East District Age Group Championships	Glenrothes	SCO1062	1
800 Freestyle	9:42.45	9:52.30	550	13/12/13	Scottish National Short Course Open Meet	Edinburgh	SCO791	1
1500 Freestyle	19:07.69	19:25.50	495	05/05/12	Carnegie SO Long Meet	Glenrothes	SCO616	2
50 Breaststroke	39.68	40.50	365	27/03/11	Warrender Junior Age Group Meet	Glenrothes	SCO504	2
100 Breaststroke	1:25.83	1:27.30	383	13/01/13	2013 Stirling Junior Open Meet	Stirling	SCO685	2
200 Breaststroke	3:02.20	3:05.10	402	04/12/12	SASA East Dist Age Groups Round 2	Bathgate	SCO677	2
50 Butterfly	30.90	31.50	491	18/02/18	Carnegie Open Spring Age Group Meet 2018	Dunfermline	SCO1420	2
100 Butterfly	1:19.70	1:20.60	311	04/02/12	East District Age Group Championships	Bathgate	SCO583	1
50 Backstroke	30.92	31.60	544	17/02/18	Carnegie Open Spring Age Group Meet 2018	Dunfermline	SCO1420	2
100 Backstroke	1:06.48	1:07.70	562	14/11/15	SASA North District Grand Prix 2015	Inverness	SCO1042	1
200 Backstroke	2:23.75	2:26.00	566	03/05/14	Carnegie So Long Meet	Dunfermline	SCO832	2
200 Individual Medley	2:32.93	2:35.50	505	15/11/14	COAST Grand Prix	Aberdeen	SCO907	1
400 Individual Medley	5:24.89	5:30.30	506	17/05/14	Swim West Lothian IM Tough Meet 2014	Bathgate	SCO842	2
100 Individual Medley	1:11.10	1:11.10	502	19/04/14	FIRST Open Meet 2014	Bathgate	SCO828	2