

# Individual Best Times (All Time)

Honor Everitt - (473365) - Kingston Royals SC

## Long Course

| Stroke                | LC Time  | Converted to SC | LC WA Pts | Date     | Meet                              | Venue          | Licence  | Level |
|-----------------------|----------|-----------------|-----------|----------|-----------------------------------|----------------|----------|-------|
| 50 Freestyle          | 39.74    | 39.20           | 209       | 13/03/10 | Surrey County Champs              | Crystal Palace | CC0084   | 1     |
| 100 Freestyle         | 1:08.63  | 1:07.40         | 427       | 11/05/14 | Beckenham International Open Meet | London         | LR4343   | 1     |
| 200 Freestyle         | 2:26.42  | 2:24.00         | 457       | 19/04/15 | Crawley Spring LC Open Meet 2015  | Crawley        | SE150218 | 1     |
| 400 Freestyle         | 5:05.44  | 5:00.80         | 457       | 19/04/15 | Crawley Spring LC Open Meet 2015  | Crawley        | SE150218 | 1     |
| 800 Freestyle         | 10:32.54 | 10:23.30        | 450       | 21/02/15 | Surrey Age Group Championships    | Guildford      | CC150302 | 1     |
| 200 Backstroke        | 2:49.97  | 2:48.00         | 380       | 27/04/14 | Bexley Long Course Open Meet      | London         | LR4393   | 1     |
| 400 Individual Medley | 6:07.79  | 6:03.00         | 377       | 26/04/14 | Bexley Long Course Open Meet      | London         | LR4393   | 1     |

## Short Course

| Stroke                | SC Time  | Converted to LC | SC WA Pts | Date     | Meet                                      | Venue            | License  | Level |
|-----------------------|----------|-----------------|-----------|----------|---|------------------|----------|-------|
| 50 Freestyle          | 31.99    | 32.60           | 368       | 29/03/15 | Swim Bournemouth 5th Annual Open Meet     | Bournemouth      | SW150150 | 2     |
| 100 Freestyle         | 1:08.00  | 1:09.20         | 403       | 22/03/14 | BG Surrey County Championships            | Guildford        | CC4053   | 2     |
| 200 Freestyle         | 2:22.71  | 2:25.10         | 461       | 28/03/15 | Swim Bournemouth 5th Annual Open Meet     | Bournemouth      | SW150150 | 2     |
| 400 Freestyle         | 4:59.22  | 5:03.90         | 461       | 29/03/15 | Swim Bournemouth 5th Annual Open Meet     | Bournemouth      | SW150150 | 2     |
| 800 Freestyle         | 10:18.53 | 10:27.80        | 459       | 14/12/14 | Kingston Royals Closed Club Champs        | New Malden       | LR14685  | 4     |
| 50 Breaststroke       | 44.21    | 44.90           | 264       | 11/01/15 | Black Swan County Qualifier Meet          | Walton-on-Thames | SE150251 | 3     |
| 100 Breaststroke      | 1:35.65  | 1:37.00         | 277       | 01/11/13 | Kingston Royals SC Club Chams Sprint Gala | Blagdon          | LR3883   | 4     |
| 200 Breaststroke      | 3:18.50  | 3:21.10         | 311       | 19/01/14 | Staines Black Swan County Qualifier 2014  | Elmbridge        | SE4010   | 3     |
| 50 Butterfly          | 34.70    | 35.20           | 346       | 28/03/15 | Swim Bournemouth 5th Annual Open Meet     | Bournemouth      | SW150150 | 2     |
| 100 Butterfly         | 1:34.54  | 1:35.30         | 186       | 27/09/13 | Kingston Royals SC Club Chams Sprint Gala | Blagdon          | LR3883   | 4     |
| 50 Backstroke         | 37.82    | 38.30           | 297       | 20/09/14 | The Royals Open Meet 2014                 | Walton on Thames | LR4481   | 3     |
| 100 Backstroke        | 1:21.50  | 1:22.50         | 305       | 16/11/13 | Kingston Royals SC Club Chams Sprint Gala | Blagdon          | LR3883   | 4     |
| 200 Backstroke        | 2:46.20  | 2:48.20         | 366       | 04/05/14 | Atlantis SC Horsham 2014 Spring Open Meet | Horsham          | SE4038   | 3     |
| 200 Individual Medley | 2:47.61  | 2:49.90         | 384       | 29/03/15 | Swim Bournemouth 5th Annual Open Meet     | Bournemouth      | SW150150 | 2     |
| 400 Individual Medley | 6:00.95  | 6:05.80         | 369       | 31/01/14 | Kingston Royals Closed Club Last Chance   | New Malden       | LR4334   | 4     |
| 100 Individual Medley | 1:19.92  | 1:19.90         | 353       | 16/01/15 | Kingston Royals Closed Club Championships | New Malden       | LR150436 | 4     |