

# Individual Best Times (All Time)

Henry Chesterman - (473343) - Teddington SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.27	23.40	639	30/04/17	ASA SWR Summer Championships	Plymouth	SW170194	1
100 Freestyle	54.94	53.40	620	04/02/17	Somerset County Championships 2017	Millfield	SW170131	1
200 Freestyle	2:04.32	2:01.50	552	21/10/17	Manchester International Swim Meet (ISM) 2017	Manchester	NW171061	1
400 Freestyle	4:26.26	4:20.90	564	28/01/17	Somerset County Championships 2017	Millfield	SW170129	1
1500 Freestyle	18:36.42	18:17.80	474	09/06/12	British Gas ASA London Region AG Champs	Crystal Palace	LRX220	1
50 Breaststroke	33.58	32.60	461	23/05/15	Millfield & Taunton Super Series Last Chance	Millfield	SW150882	1
100 Breaststroke	1:13.99	1:12.30	454	29/03/13	City of Sheffield Premier Meet 2013	Sheffield	NE3171	1
200 Breaststroke	2:47.83	2:44.70	417	08/06/13	ASA South West Region Age Groups 2013	Millfield	SWR323	1
50 Butterfly	26.81	26.10	573	21/01/17	CIG Challenge International de Genève	Geneva, Switzerland	GBR443	1
100 Butterfly	1:06.70	1:05.60	407	04/05/14	BG ASA SWR Youth Championships 2014	Plymouth	SWR403	1
200 Butterfly	3:09.32	3:07.60	197	08/05/10	Beckenham Open	London	LR0120	1
50 Backstroke	26.11	25.30	733	25/07/17	British Summer Championships	Sheffield	BSW002	1
100 Backstroke	57.74	56.30	713	26/07/17	British Summer Championships	Sheffield	BSW002	1
200 Backstroke	2:08.54	2:05.90	660	29/07/15	British Summer Championships	Sheffield	ASA141	1
200 Individual Medley	2:13.04	2:10.10	629	29/04/17	ASA SWR Summer Championships	Plymouth	SW170194	1
400 Individual Medley	5:06.75	5:01.00	494	01/06/13	ASA South West Region Age Groups 2013	Millfield	SWR322	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	23.93	24.80	597	07/11/15	ASA South West Short Course Championships	Millfield	SW151638	2
100 Freestyle	53.55	55.10	587	31/10/15	Millfield & Taunton Super Series	Millfield	SW151678	2
200 Freestyle	1:58.27	2:01.20	593	30/10/16	Millfield & Taunton Super Series	Millfield	SW160694	2
400 Freestyle	4:16.17	4:21.60	568	09/03/14	Somerset County Championships	Millfield	CC4076	2
800 Freestyle	11:23.09	11:31.50	273	29/11/09	Kingston Royals Club Champ	New Malden	LR9793	4
1500 Freestyle	18:20.06	18:38.70	456	26/02/12	Middlesex County Championships	Enfield	CC2082	2
50 Breaststroke	30.99	32.00	521	26/01/16	Somerset ASA County Championships	Millfield	SW160262	2
100 Breaststroke	1:12.24	1:14.00	448	08/03/14	Somerset County Championships	Millfield	CC4076	2
200 Breaststroke	2:37.82	2:41.10	441	02/03/13	Somerset County Championships	Millfield	CC3103	2
50 Butterfly	26.05	26.80	582	27/01/16	Somerset ASA County Championships	Millfield	SW160263	2
100 Butterfly	1:03.99	1:05.20	416	15/03/14	Somerset County Championships	Millfield	CC4077	2
200 Butterfly	2:24.32	2:26.50	405	15/11/14	Millfield & Taunton Super Series	Millfield	SW14073	2
50 Backstroke	25.14	25.90	680	16/12/16	ASA Winter Meet 2016	Sheffield	ASA153	2
100 Backstroke	54.95	56.40	680	17/12/16	ASA Winter Meet 2016	Sheffield	ASA153	2
200 Backstroke	2:01.97	2:04.70	649	17/12/15	ASA Winter Meet	Sheffield	ASA146	2
200 Individual Medley	2:11.17	2:14.10	583	29/10/16	Millfield & Taunton Super Series	Millfield	SW160694	2
400 Individual Medley	4:46.55	4:52.60	550	16/03/14	Somerset County Championships	Millfield	CC4077	2
100 Individual Medley	59.51	59.50	567	30/10/16	Millfield & Taunton Super Series	Millfield	SW160694	2