

# Individual Best Times (All Time)

Hector Loft - (472878) - Stowmarket SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.21	36.80	172	10/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	ER150126	3
100 Freestyle	1:21.81	1:22.80	164	10/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	ER150126	3
200 Freestyle	2:51.32	2:53.30	195	09/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	ER150126	3
400 Freestyle	6:27.38	6:31.00	164	28/11/14	Stowmarket Club Champs	Stowmarket	ER14653	4
50 Breaststroke	50.25	50.90	122	10/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	ER150126	3
100 Breaststroke	1:54.89	1:56.00	111	23/11/13	Stowmarket SC Club Championships	Stowmarket	ER3886	4
200 Breaststroke	4:00.59	4:02.80	124	16/11/13	Stowmarket SC Club Championships	Stowmarket	ER3886	4
50 Butterfly	52.31	52.70	71	23/11/13	Stowmarket SC Club Championships	Stowmarket	ER3886	4
50 Backstroke	43.48	43.90	131	09/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	ER150126	3
100 Backstroke	1:33.02	1:33.90	140	09/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	ER150126	3
200 Backstroke	3:17.13	3:18.80	153	10/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	ER150126	3
100 Individual Medley	1:38.47	1:38.50	125	23/11/14	Stowmarket Club Champs	Stowmarket	ER14652	4