

Individual Best Times (All Time)

Elliott De Landro - (471154) - Rushmoor Royals SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.43	24.60	555	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
100 Freestyle	57.70	56.20	535	27/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3
200 Freestyle	2:12.56	2:09.90	455	27/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3
400 Freestyle	5:00.87	4:56.20	391	15/09/13	Rushmoor Royals Club Championships	Guildford	SE3861	4
800 Freestyle	10:32.52	10:23.30	365	17/11/12	Rushmoor Royals Club Championships	Aldershot	SE2831	4
1500 Freestyle	20:34.17	20:17.30	351	22/09/13	Rushmoor Royals Club Championships	Guildford	SE3861	4
50 Breaststroke	32.23	31.20	521	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
100 Breaststroke	1:10.96	1:09.20	515	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
200 Breaststroke	2:41.03	2:37.70	473	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	SE160096	1
50 Butterfly	30.32	29.70	396	27/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3
50 Backstroke	33.42	32.80	349	25/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot	SE4908	1
100 Backstroke	1:25.22	1:24.30	221	15/01/12	Rushmoor Royals New Year Meet	Aldershot	SE2037	3
200 Backstroke	3:04.38	3:02.60	223	15/01/12	Rushmoor Royals New Year Meet	Aldershot	SE2037	3
200 Individual Medley	2:26.49	2:23.80	471	20/12/14	Northampton Winter Festival Meet	Corby	EM14228	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.65	25.50	547	15/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	SE161499	2
100 Freestyle	57.58	59.00	472	18/10/15	Rushmoor Royals SC 12th Autumn Open Meet	Aldershot	SE151337	2
200 Freestyle	2:09.67	2:12.30	450	09/03/14	Hampshire County Championships	Waterlooville	CC4115	2
50 Breaststroke	31.47	32.50	498	20/11/16	Guildford L2 Winter Qualifier Champs	Guildford	SE161280	2
100 Breaststroke	1:08.48	1:10.30	526	20/11/16	Guildford L2 Winter Qualifier Champs	Guildford	SE161280	2
200 Breaststroke	2:34.49	2:37.90	470	15/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	SE161499	2
50 Butterfly	29.94	30.60	383	17/06/17	Rushmoor Royals Club Championships 2017	Aldershot	SE171292	4
50 Backstroke	32.58	33.20	312	08/03/14	Hampshire County Championships	Waterlooville	CC4115	2
200 Backstroke	3:01.34	3:03.20	197	11/12/11	Rushmoor Royals SC Club Championships	Aldershot	SE1727	4
200 Individual Medley	2:20.18	2:23.00	478	08/10/16	NASL South	Southampton	SE162305	3
100 Individual Medley	1:21.13	1:21.10	224	11/03/12	Hampshire County Championships	Waterlooville	CC2101	2