

Individual Best Times (All Time)

Lewis Coleman - (47025) - University of Bath SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.84	24.00	596	18/09/11	City of Sheffield Teaspoon Gala	Sheffield	NE1119	4
100 Freestyle	50.71	49.00	789	23/06/12	BG ASA National Championships 2012	Sheffield	ASA118	1
200 Freestyle	1:48.69	1:45.50	826	11/04/14	British Gas Championships 2014	Glasgow	ASA132	1
400 Freestyle	4:06.22	4:00.50	714	01/05/10	East Region Youth Champs	Norwich	ERX011	1
800 Freestyle	8:36.23	8:24.90	671	20/02/10	Suffolk County Champs	Norwich	CC0049	1
1500 Freestyle	17:16.23	16:56.20	593	09/02/08	Norfolk County Champs	Norwich	CC8095	2
50 Breaststroke	30.78	29.70	599	18/09/11	City of Sheffield Teaspoon Gala	Sheffield	NE1119	4
100 Breaststroke	1:02.62	1:00.60	749	20/07/12	BG ASA National Youth Championships 2012	Sheffield	ASA119	1
200 Breaststroke	2:14.05	2:10.10	820	03/08/13	BG ASA National Youth Championships	Sheffield	ASA128	1
50 Butterfly	26.49	25.80	594	18/09/11	City of Sheffield Teaspoon Gala	Sheffield	NE1119	4
100 Butterfly	56.17	54.80	682	04/05/14	ASANER Youth & Senior Championships 2014	Sunderland	NER421	1
200 Butterfly	2:27.00	2:24.80	422	11/06/06	East Region BAGCATS	Norwich	ERX614	1
50 Backstroke	27.81	27.10	607	19/12/09	Plymouth Leander Open Mt	Millfield	SW9432	1
100 Backstroke	57.14	55.70	736	10/08/12	U.S. Open Swimming Championships 2012	Indianapolis, USA	INT268	1
200 Backstroke	2:11.32	2:08.80	619	29/01/11	North & North West Zonal Competition	Sheffield	ZM1169	1
200 Individual Medley	2:00.16	1:56.90	853	01/08/13	BG ASA National Youth Championships	Sheffield	ASA128	1
400 Individual Medley	4:27.61	4:21.00	744	27/05/12	City of Sheffield No Frills Gala	Sheffield	NE2144	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	23.31	24.20	646	24/11/12	European Short Course Championships 2012	Chartres, France	INT275	2
100 Freestyle	49.72	51.40	733	11/10/14	Yorkshire Winter Championships	Sheffield	NE14602	2
200 Freestyle	1:47.04	1:50.20	800	14/12/14	Scottish National Short Course Champs	Edinburgh	SCO921	1
400 Freestyle	3:56.82	4:02.70	719	21/03/10	Suffolk County Champs	Ipswich	CC0052	2
50 Breaststroke	29.65	30.70	595	06/03/10	Suffolk County Champs	Ipswich	CC0050	2
100 Breaststroke	1:01.71	1:03.70	718	15/11/14	City Of Leicester Winter Short Course Meet	Leicester	EM14411	2
200 Breaststroke	2:13.13	2:17.00	735	16/12/12	Scottish Gas National SC Championships	Edinburgh	SCO681	1
50 Butterfly	25.68	26.40	607	07/03/10	Suffolk County Champs	Ipswich	CC0050	2
100 Butterfly	55.30	56.70	645	08/10/11	Yorkshire Winter Competition	Sheffield	NE1438	2
200 Butterfly	2:10.23	2:12.60	552	01/03/08	Suffolk County Champs	Ipswich	CC8005	2
50 Backstroke	26.24	27.00	598	07/03/09	Suffolk County Champs	Ipswich	CC9001	2
100 Backstroke	56.91	58.30	612	08/03/09	Suffolk County Champs	Ipswich	CC9001	2
200 Backstroke	2:04.28	2:06.90	613	06/03/10	Suffolk County Champs	Ipswich	CC0050	2
200 Individual Medley	1:57.39	2:00.70	814	02/11/14	World Cup 2014 - Singapore	Singapore	INT307	2
400 Individual Medley	4:22.95	4:29.50	712	14/03/09	Suffolk County Champs	Ipswich	CC9002	2
100 Individual Medley	54.94	54.90	721	13/12/13	Scottish National Short Course Open Meet	Edinburgh	SCO791	1