

Individual Best Times (All Time)

Alanah Hill - (469132) - Borough of Barnsley SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.59	31.90	380	04/09/16	The Dukeries Open Meet 2016	Sheffield	EM160774	3
100 Freestyle	1:10.52	1:09.30	394	25/04/15	Stocksbridge Spring Open Meet	Sheffield	NE150262	3
200 Freestyle	2:47.63	2:45.50	305	01/12/12	City of Sheffield Snow Frills Gala	Sheffield	NE2147	3
50 Breaststroke	40.90	40.10	362	25/04/15	Stocksbridge Spring Open Meet	Sheffield	NE150262	3
100 Breaststroke	1:32.38	1:31.00	334	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
200 Breaststroke	3:18.58	3:15.90	332	11/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
50 Butterfly	33.12	32.50	401	28/02/16	Yorkshire County Championships	Sheffield	NE160070	1
100 Butterfly	1:15.75	1:14.70	392	11/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
200 Butterfly	2:40.90	2:38.90	433	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
50 Backstroke	39.10	38.60	324	21/09/14	City of Sheffield 32nd Annual Teaspoon Gala	Sheffield	NE4318	3
100 Backstroke	1:26.46	1:25.50	291	05/12/15	Borough of Barnsley 20th Annual Christmas Sprint	Sheffield	NE152097	3
200 Backstroke	3:00.24	2:58.40	318	15/02/15	Yorkshire County Championships	Leeds	NE150622	1
200 Individual Medley	2:51.55	2:49.20	397	17/05/15	Rotherham Metro Level One Long Course Meet	Sheffield	NE150169	1
400 Individual Medley	5:49.04	5:44.00	441	22/02/14	Yorkshire SA County Championships	Leeds	CC4068	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.50	32.20	385	03/04/16	Spa Town Meet	Harrogate	NE160247	3
100 Freestyle	1:07.38	1:08.60	414	10/10/15	Yorkshire Winter Competition	Sheffield	NE151548	2
200 Freestyle	2:25.01	2:27.40	440	19/07/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE150503	3
400 Freestyle	5:03.17	5:07.80	444	18/07/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE150503	3
800 Freestyle	10:04.93	10:14.40	491	10/07/15	Borough of Barnsley Time Trials	Dearnside	NE150894	4
1500 Freestyle	24:20.73	24:34.80	240	09/09/11	City of Wakefield SC Time Trials	Wakefield	NE1436	4
50 Breaststroke	40.03	40.80	355	05/07/15	Borough of Barnsley 8th Annual Summer Sizzler	Sheffield	NE150893	3
100 Breaststroke	1:27.15	1:28.60	366	05/07/15	Borough of Barnsley 8th Annual Summer Sizzler	Sheffield	NE150893	3
200 Breaststroke	3:03.86	3:06.70	392	12/01/14	Harrogate SC Janus Meet	Harrogate	NE4178	3
50 Butterfly	32.76	33.30	412	03/07/16	Bo Barnsley Annual Summer Sizzler	Sheffield	NE160959	3
100 Butterfly	1:11.74	1:12.80	427	03/07/16	Bo Barnsley Annual Summer Sizzler	Sheffield	NE160959	3
200 Butterfly	2:34.23	2:36.30	466	05/07/14	Kingston Upon Hull SC End of Season SC Meet	Hull	NE4688	3
50 Backstroke	37.20	37.70	312	03/07/16	Bo Barnsley Annual Summer Sizzler	Sheffield	NE160959	3
100 Backstroke	1:18.68	1:19.70	339	05/07/14	Kingston Upon Hull SC End of Season SC Meet	Hull	NE4688	3
200 Backstroke	2:43.11	2:45.10	387	06/07/14	Kingston Upon Hull SC End of Season SC Meet	Hull	NE4688	3
200 Individual Medley	2:43.47	2:45.90	414	05/07/14	Kingston Upon Hull SC End of Season SC Meet	Hull	NE4688	3
400 Individual Medley	5:42.85	5:47.90	430	19/01/14	Doncaster Dartes Distance Time Trials	Adwick	NE4218	4
100 Individual Medley	1:24.68	1:24.70	297	19/05/13	Doncaster Dartes SC B Grade Meet 2013	Adwick	NE3413	3