

Individual Best Times (All Time)

Will Howard - (468498) - Alton & District Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	37.45	36.60	332	14/03/15	Hampshire County ASA Championships	Portsmouth	CC150878	1
100 Breaststroke	1:24.73	1:23.20	302	15/03/15	Hampshire County ASA Championships	Portsmouth	CC150887	1
200 Breaststroke	3:35.07	3:32.60	198	08/04/12	Portsmouth Northsea Easter Festival	Portsmouth	SE2161	1
50 Backstroke	39.82	39.30	206	08/04/12	Portsmouth Northsea Easter Festival	Portsmouth	SE2161	1
200 Backstroke	3:09.58	3:07.80	205	06/04/12	Portsmouth Northsea Easter Festival	Portsmouth	SE2161	1
200 Individual Medley	3:11.10	3:09.00	212	07/04/12	Portsmouth Northsea Easter Festival	Portsmouth	SE2161	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.31	30.00	325	21/11/15	Alton & District SC Autumn Club Championships	Alton	SE151448	4
100 Freestyle	1:05.83	1:07.10	316	14/12/14	5th CO Southampton Christmas Open Meet	Southampton	SE4382	3
200 Freestyle	2:24.49	2:26.90	325	22/11/14	Alton & District Club Championships	Alton	SE14159	4
400 Freestyle	7:25.57	7:28.70	108	06/11/10	Alton & District Club Champs	Alton	SE0483	4
1500 Freestyle	22:04.51	22:20.00	261	18/11/13	Alton & District Long Distance Championships	Petersfield	SE3533	4
50 Breaststroke	35.72	36.60	340	03/10/15	Alton & District Autumn Club Championships	Alton	SE151445	4
100 Breaststroke	1:18.39	1:20.00	350	17/10/15	Alton & District SC Autumn Club Championships	Alton	SE151446	4
200 Breaststroke	3:00.06	3:03.00	297	21/11/15	Alton & District SC Autumn Club Championships	Alton	SE151448	4
50 Butterfly	34.75	35.30	245	17/10/15	Alton & District SC Autumn Club Championships	Alton	SE151446	4
100 Butterfly	1:37.35	1:38.10	118	29/09/12	Alton & District Club Championships	Alton	SE2712	4
200 Butterfly	3:45.50	3:46.90	106	03/11/12	Alton & District Club Championships	Alton	SE2712	4
50 Backstroke	32.88	33.50	304	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
100 Backstroke	1:13.01	1:14.10	290	03/10/15	Alton & District Autumn Club Championships	Alton	SE151445	4
200 Backstroke	2:44.17	2:46.20	266	01/11/14	Alton & District Club Championships	Alton	SE14158	4
200 Individual Medley	2:53.50	2:55.80	252	18/01/14	Alton & District Club Championships	Alton	SE4018	4
400 Individual Medley	6:11.30	6:16.00	252	29/11/14	Alton & District Autumn/Winter Club Champs	Petersfield	SE14160	4
100 Individual Medley	1:16.16	1:16.20	270	29/11/14	Alton & District Autumn/Winter Club Champs	Petersfield	SE14160	4