

Individual Best Times (All Time)

Emily Cartwright - (468071) - Adwick (Doncaster) SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.42	32.80	352	14/12/13	BoB SC 18th Annual Christmas Sprint	Sheffield	NE31002	3
100 Freestyle	1:13.10	1:11.90	353	27/11/10	Sheffield City B Grade	Sheffield	NE0385	3
50 Breaststroke	49.43	48.80	205	23/01/11	Rotherham Metro A & B Grade Meet	Sheffield	NE1077	3
100 Breaststroke	1:44.66	1:43.40	230	27/11/10	Sheffield City B Grade	Sheffield	NE0385	3
50 Butterfly	35.42	34.90	328	28/08/11	Worksop Dolphins 27th Dukeries Open Meet	Sheffield	EM1320	4
100 Butterfly	1:22.44	1:21.50	304	14/12/13	BoB SC 18th Annual Christmas Sprint	Sheffield	NE31002	3
50 Backstroke	36.52	36.00	397	03/02/13	Sheffield & District ASA Championships	Sheffield	NE3188	4
100 Backstroke	1:24.29	1:23.30	314	14/12/13	BoB SC 18th Annual Christmas Sprint	Sheffield	NE31002	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.07	32.70	365	08/03/15	Doncaster ASA John Harriman Championships	Adwick	NE150785	4
100 Freestyle	1:08.86	1:10.10	388	06/10/13	Doncaster Metropolitan ASA Individual Champ	Adwick	NE3920	4
200 Freestyle	2:29.00	2:31.30	405	15/06/12	Scarborough SC A&B Graded Gala	Scarborough	NE2184	4
50 Breaststroke	43.73	44.40	273	21/04/13	Stocksbridge Pentaqua SC Spring Sprints	Stocksbridge	NE3189	3
100 Breaststroke	1:35.61	1:36.90	277	06/10/13	Doncaster Metropolitan ASA Championship	Doncaster	NE3921	4
200 Breaststroke	3:22.31	3:24.90	294	29/06/13	Adwick ASC Home Championships 2013	Adwick	NE3551	4
50 Butterfly	33.65	34.20	380	18/11/12	Adwick Home Championships	Adwick	NE2796	4
100 Butterfly	1:18.86	1:19.80	321	08/12/12	Boro of Barnsley 17 Annual Christmas Meet	Barnsley	NE2799	3
200 Butterfly	2:56.90	2:58.70	309	20/07/13	Adwick ASC Home Championships 2013	Adwick	NE3551	4
50 Backstroke	35.80	36.40	350	16/06/12	Scarborough SC A&B Graded Gala	Scarborough	NE2184	4
100 Backstroke	1:16.88	1:17.90	363	19/05/13	Doncaster Dartes SC B Grade Meet 2013	Adwick	NE3413	3
200 Backstroke	2:41.86	2:43.90	396	29/06/13	Adwick ASC Home Championships 2013	Adwick	NE3551	4
200 Individual Medley	2:50.03	2:52.30	368	15/06/13	Scarborough SC SSC A&B Meet 2013	Scarborough	NE3090	3
100 Individual Medley	1:20.29	1:20.30	348	06/10/13	Doncaster Metropolitan ASA Championship	Doncaster	NE3921	4