

Individual Best Times (All Time)

Christopher Muir - (467462) - University Of Stirling

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	23.69	22.80	687	03/07/22	Scottish National Open Championships 2022	Aberdeen	SCO1907	1
100 Freestyle	51.74	50.10	742	01/07/22	Scottish National Open Championships 2022	Aberdeen	SCO1907	1
200 Freestyle	2:10.28	2:07.60	479	03/03/13	2013 SASA West District SAG LC Champs	East Kilbride	SCO701	1
400 Freestyle	4:52.55	4:47.70	425	01/05/11	City of Glasgow Open Age Group Meet	Glasgow	SCO517	1
800 Freestyle	10:06.17	9:56.60	414	10/04/11	Scottish National Open Championships	Glasgow	SCO507	1
1500 Freestyle	19:07.68	18:49.60	437	02/04/12	SG National Open Age Group Championships	Sunderland	SCO601	1
50 Butterfly	24.57	23.80	744	02/07/22	Scottish National Open Championships 2022	Aberdeen	SCO1907	1
100 Butterfly	55.14	53.80	721	03/07/22	Scottish National Open Championships 2022	Aberdeen	SCO1907	1
200 Butterfly	2:28.58	2:26.40	409	13/04/13	SG National Age Group Championships	Edinburgh	SCO710	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	22.54	23.40	715	12/12/21	Scottish National Winter SC Championships	Edinburgh	SCO1834	2
100 Freestyle	49.73	51.40	733	21/11/21	BUCS Short Course Swimming	Sheffield	NE210935	2
200 Freestyle	1:58.13	2:01.00	595	09/12/23	Scottish National Short Course Championships 2023	Edinburgh	SCO2114	2
400 Freestyle	4:39.24	4:44.20	439	19/11/11	West Disitrcit Group 6 Meet	Grangemouth	SCO566	1
800 Freestyle	9:44.47	9:54.30	436	21/11/10	West District Group 6	Grangemouth	SCO467	1
1500 Freestyle	18:23.81	18:42.30	451	20/11/11	West Disitrcit Group 6 Meet	Grangemouth	SCO566	1
50 Breaststroke	31.01	32.00	520	05/01/20	FIRST Open Meet	Grangemouth	SCO1770	2
50 Butterfly	24.31	25.10	716	21/11/21	BUCS Short Course Swimming	Sheffield	NE210935	2
100 Butterfly	54.83	56.20	661	20/11/21	BUCS Short Course Swimming	Sheffield	NE210935	2
200 Butterfly	2:25.56	2:27.70	395	03/11/12	2012 SASA West District SAG Champs	Grangemouth	SCO671	1
50 Backstroke	26.89	27.60	555	07/09/19	2019 SS West District SC AG Sprints & Relay Champs	Tollcross	SCO1713	1
100 Backstroke	1:09.88	1:11.00	330	24/03/13	Cumbernauld Age Group Open & Senior Meet	Cumbernauld	SCO709	2
200 Individual Medley	2:18.98	2:21.80	490	18/05/19	Swim West Lothian IM Tough	Xcite Leisure Centre	SCO1662	2
100 Individual Medley	57.35	57.40	634	11/12/21	Scottish National Winter SC Championships	Edinburgh	SCO1834	2