

Individual Best Times (All Time)

Sebastian Williams - (466854) - BUCS

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.97	24.10	587	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	SE160111	1
100 Freestyle	55.20	53.70	611	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160577	1
200 Freestyle	2:10.06	2:07.40	482	15/03/15	Hampshire County ASA Championships	Portsmouth	CC150887	1
50 Breaststroke	31.19	30.20	575	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160577	1
100 Breaststroke	1:12.80	1:11.10	476	03/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	SE160058	1
50 Butterfly	26.47	25.70	595	05/08/16	ASA Summer Nationals 2016	Sheffield	ASA149	1
100 Butterfly	1:02.26	1:01.00	501	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	SE160111	1
50 Backstroke	30.41	29.70	464	16/03/14	Hampshire County Championships	Portsmouth	CC4116	1
100 Backstroke	1:10.81	1:09.70	386	15/03/14	Hampshire County Championships	Portsmouth	CC4116	1
200 Backstroke	2:58.65	2:56.80	245	15/01/12	Rushmoor Royals New Year Meet	Aldershot	SE2037	3
200 Individual Medley	2:29.95	2:27.30	439	08/06/13	ASA South East Region Age Group Championships 2013	Crawley	SER304	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.15	25.00	581	08/11/15	ASA South East Region Winter Championships 2015	Portsmouth	SE152074	2
100 Freestyle	53.44	55.00	590	07/11/15	ASA South East Region Winter Championships 2015	Portsmouth	SE152074	2
200 Freestyle	2:03.61	2:06.40	519	30/11/14	Portsmouth Northsea Christmas Cracker	Portsmouth	SE14423	2
400 Freestyle	4:35.12	4:40.20	459	16/10/15	Havant & Waterlooville Club Championships	Waterlooville	SE151950	4
1500 Freestyle	21:30.17	21:46.10	282	07/10/12	Fareham Nomads Club Championships	Fareham	SE2663	4
50 Breaststroke	31.11	32.10	515	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	NE182328	2
100 Breaststroke	1:10.67	1:12.40	478	24/10/15	Havant & Waterlooville Club Championships	Waterlooville	SE151951	4
200 Breaststroke	2:54.17	2:57.20	328	10/03/13	Hampshire County Championships	Southampton	CC3085	2
50 Butterfly	26.21	26.90	571	07/11/15	ASA South East Region Winter Championships 2015	Portsmouth	SE152074	2
100 Butterfly	59.87	1:01.10	508	08/11/15	ASA South East Region Winter Championships 2015	Portsmouth	SE152074	2
200 Butterfly	2:54.34	2:56.10	230	01/10/12	Fareham Nomads Club Championships	Fareham	SE2663	4
50 Backstroke	29.53	30.20	419	15/10/16	Havant & Waterlooville Club Championships	Waterlooville	SE162232	4
100 Backstroke	1:07.77	1:08.90	362	03/10/14	Fareham Nomads Club Championships	Fareham	SE14315	4
200 Backstroke	2:39.56	2:41.60	290	08/10/12	Fareham Nomads Club Championships	Fareham	SE2663	4
200 Individual Medley	2:21.12	2:23.90	468	29/06/14	Fareham Nomads Summer Open Meet	Waterlooville	SE4632	3
400 Individual Medley	5:07.25	5:12.90	446	23/10/15	Havant & Waterlooville Club Championships	Waterlooville	SE151951	4
100 Individual Medley	1:02.46	1:02.50	491	24/10/15	Havant & Waterlooville Club Championships	Waterlooville	SE151951	4