

Individual Best Times (All Time)

Abigail Fellows - (464200) - City of Swansea Aquatics Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.54	28.80	510	01/04/13	BG Swim Wales AG & Yth & Senior Champs	Swansea	WAL483	1
100 Freestyle	1:04.01	1:02.70	527	19/04/14	Welsh Age Group & Youth Championships	WNPS	WAL560	1
200 Freestyle	2:24.18	2:21.80	479	25/07/12	Welsh Summer National 2012	Swansea	WAL445	1
400 Freestyle	5:10.08	5:05.50	437	12/05/12	Swim Swansea Long Course Meet	Swansea	WAL428	1
50 Breaststroke	49.55	48.90	203	29/03/09	Tiger Bay Open Meet	Cardiff	WAL228	3
100 Breaststroke	1:35.25	1:33.90	305	16/05/10	Swim Swansea Long Course	Swansea	WAL299	1
50 Butterfly	30.74	30.10	501	18/05/13	Swim Swansea Annual LC Meet	Swansea	WAL496	1
100 Butterfly	1:07.65	1:06.50	551	21/04/14	Welsh Age Group & Youth Championships	WNPS	WAL560	1
200 Butterfly	2:42.71	2:40.80	419	24/07/12	Welsh Summer National 2012	Swansea	WAL445	1
50 Backstroke	34.51	33.90	471	06/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
100 Backstroke	1:13.45	1:12.30	475	04/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
200 Backstroke	2:39.10	2:37.00	463	20/11/10	Swim Wales Winter Championships	Swansea	WAL327	1
200 Individual Medley	2:42.25	2:39.80	469	21/07/12	Welsh Summer National 2012	Swansea	WAL445	1
400 Individual Medley	5:50.76	5:45.70	435	16/10/11	Swim Swansea Open Meet	Swansea	WAL383	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.47	30.20	471	01/02/14	West Wales Regional Championships	Haverfordwest	WAL546	2
100 Freestyle	1:02.79	1:04.10	512	02/03/14	Llanelli Open Meet 2014	Llanelli	WAL552	2
200 Freestyle	2:21.50	2:23.90	473	02/02/13	West Wales Championships	Haverfordwest	WAL473	2
400 Freestyle	5:08.01	5:12.50	423	05/02/11	West Wales Regional Championships	Haverfordwest	WAL340	2
800 Freestyle	10:51.00	10:59.80	394	04/12/10	West Wales Sub Regional	Penlan	WAL329	4
1500 Freestyle	20:37.94	20:54.50	394	05/12/10	West Wales Sub Regional	Penlan	WAL329	4
50 Breaststroke	43.08	43.80	285	06/10/12	Llanelli ASC Autumn Meet 2012	Llanelli	WAL449	4
100 Breaststroke	1:29.11	1:30.50	342	06/10/12	Llanelli ASC Autumn Meet 2012	Llanelli	WAL449	4
200 Breaststroke	3:16.89	3:19.60	319	06/11/10	Neath Open Meet 2010	Neath	WAL322	3
50 Butterfly	30.89	31.50	491	19/10/13	Swim Swansea Club Championships	Penlan	WAL527	4
100 Butterfly	1:06.66	1:07.80	533	02/03/14	Llanelli Open Meet 2014	Llanelli	WAL552	2
200 Butterfly	2:30.16	2:32.20	505	01/03/14	Llanelli Open Meet 2014	Llanelli	WAL552	2
50 Backstroke	34.54	35.10	390	06/10/12	Llanelli ASC Autumn Meet 2012	Llanelli	WAL449	4
100 Backstroke	1:11.89	1:13.00	445	13/02/11	West Wales Regional Championships	Haverfordwest	WAL341	2
200 Backstroke	2:37.03	2:39.10	434	12/02/11	West Wales Regional Championships	Haverfordwest	WAL341	2
200 Individual Medley	2:36.24	2:38.70	474	01/06/14	Amman Valley Open Meet 2014	Carmathen	WAL571	2
400 Individual Medley	5:39.31	5:44.50	444	03/12/11	West Wales Sub Regional Competition	Haverfordwest	WAL397	4
100 Individual Medley	1:14.21	1:14.20	441	06/10/12	Llanelli ASC Autumn Meet 2012	Llanelli	WAL449	4