

Individual Best Times (All Time)

Aleasha Caple - (460918) - Warminster & District ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	40.43	39.90	199	23/10/10	3 Towers Open Meet	Millfield	SW0586	3
200 Freestyle	3:07.76	3:05.90	217	24/10/10	3 Towers Open Meet	Millfield	SW0586	3
800 Freestyle	12:03.21	11:55.20	301	29/01/12	Wiltshire County Championships	Bath	CC2096	1
50 Breaststroke	44.43	43.70	282	20/11/11	Bath Grand Prix	Bath	SW1453	1
100 Breaststroke	1:29.05	1:27.60	373	01/06/13	ASA South West Region Age Groups 2013	Millfield	SWR322	1
200 Breaststroke	3:49.89	3:47.60	214	24/10/10	3 Towers Open Meet	Millfield	SW0586	3
50 Backstroke	47.09	46.70	185	24/10/10	3 Towers Open Meet	Millfield	SW0586	3
100 Backstroke	1:30.13	1:29.20	257	20/11/11	Bath Grand Prix	Bath	SW1453	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.78	32.40	375	14/07/13	Tigersharks Separated Medley 2013	Swindon	SW3065	3
100 Freestyle	1:08.30	1:09.50	398	07/03/15	Wiltshire Youth Championships	Swindon	CC150352	2
200 Freestyle	2:40.85	2:43.00	322	04/03/12	Wiltshire County Championships	Swindon	CC2098	2
400 Freestyle	5:35.08	5:39.30	328	17/03/13	Wiltshire Age Group County Championships	Swindon	CC3069	2
50 Breaststroke	39.03	39.80	384	09/03/14	Wiltshire ASA Age Group Championships	Swindon	CC4100	2
100 Breaststroke	1:24.06	1:25.50	408	01/03/15	Wiltshire Youth Championships	Swindon	CC150351	2
200 Breaststroke	3:10.71	3:13.50	351	07/03/15	Wiltshire Youth Championships	Swindon	CC150352	2
50 Butterfly	42.81	43.30	184	14/07/13	Tigersharks Separated Medley 2013	Swindon	SW3065	3
50 Backstroke	36.93	37.50	319	14/07/13	Tigersharks Separated Medley 2013	Swindon	SW3065	3
100 Backstroke	1:14.33	1:15.40	402	28/02/15	Wiltshire Youth Championships	Swindon	CC150351	2
200 Backstroke	2:40.91	2:43.00	403	01/03/15	Wiltshire Youth Championships	Swindon	CC150351	2
200 Individual Medley	2:59.59	3:01.80	312	14/07/13	Tigersharks Separated Medley 2013	Swindon	SW3065	3
400 Individual Medley	6:46.95	6:51.30	257	04/03/12	Wiltshire County Championships	Swindon	CC2098	2
100 Individual Medley	1:17.64	1:17.60	385	01/03/15	Wiltshire Youth Championships	Swindon	CC150351	2