

Individual Best Times (All Time)

Luca Jenks-Gilbert - (460710) - Colwyn Bay

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.68	33.10	239	18/09/11	City of Sheffield Teaspoon Gala	Sheffield	NE1119	4
50 Breaststroke	49.20	48.60	146	18/09/11	City of Sheffield Teaspoon Gala	Sheffield	NE1119	4
50 Butterfly	40.96	40.50	160	18/09/11	City of Sheffield Teaspoon Gala	Sheffield	NE1119	4
50 Backstroke	40.89	40.40	191	18/09/11	City of Sheffield Teaspoon Gala	Sheffield	NE1119	4

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.06	31.70	273	23/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
100 Freestyle	1:08.68	1:09.90	278	22/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
200 Freestyle	2:35.08	2:37.30	263	23/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
400 Freestyle	5:46.65	5:50.70	229	16/10/11	Conwyn Autumn Meet	Llandudno	WAL387	2
50 Breaststroke	46.84	47.50	151	14/04/12	City of Bangor Diddy Meet	Bangor	WAL424	4
100 Breaststroke	1:36.18	1:37.50	189	23/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
200 Breaststroke	3:26.37	3:28.90	197	22/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
50 Butterfly	41.39	41.80	145	14/04/12	City of Bangor Diddy Meet	Bangor	WAL424	4
100 Butterfly	1:34.54	1:35.30	129	22/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
50 Backstroke	38.09	38.60	195	14/04/12	City of Bangor Diddy Meet	Bangor	WAL424	4
100 Backstroke	1:19.77	1:20.80	222	10/02/13	SWNR Regional Championships	Llandudno	WAL476	2
200 Backstroke	2:58.11	3:00.00	208	22/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
200 Individual Medley	3:04.91	3:07.00	208	12/05/12	British Gas Swim Wales Junior Development	Llandudno	WAL430	4
100 Individual Medley	1:24.56	1:24.60	197	14/04/12	City of Bangor Diddy Meet	Bangor	WAL424	4