

Individual Best Times (All Time)

Camron Bower - (459852) - Gainsborough Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.22	27.50	406	24/09/17	City of Sheffield 35th Annual Teaspoon Meet	Sheffield	NE170251	3
50 Breaststroke	36.86	36.00	348	24/09/17	City of Sheffield 35th Annual Teaspoon Meet	Sheffield	NE170251	3
50 Butterfly	30.04	29.40	407	24/09/17	City of Sheffield 35th Annual Teaspoon Meet	Sheffield	NE170251	3
50 Backstroke	32.08	31.40	395	24/09/17	City of Sheffield 35th Annual Teaspoon Meet	Sheffield	NE170251	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.54	27.30	438	27/01/19	Lincolnshire County Championships 2019	Grantham	EM190238	2
100 Freestyle	58.25	59.70	456	28/10/18	Retford 9th Level 3 Peter Jervis Memorial Meet	Retford	EM181998	3
200 Freestyle	2:10.29	2:12.90	443	17/06/18	Retford 25th Annual Open Meet	Sheffield	EM180867	3
400 Freestyle	5:06.72	5:11.30	331	02/07/16	Gainsborough Dolphins Club Champs (gala 1)	West Lindsey	EM160647	4
1500 Freestyle	21:47.01	22:02.70	272	20/11/14	Gainsborough Dolphins Club Championships	Gainsborough	EM4434	4
50 Breaststroke	35.40	36.30	350	04/02/18	Lincolnshire County Championships 2018	Louth	EM180023	2
100 Breaststroke	1:20.44	1:22.00	324	03/06/18	Doncaster Dartes B Grade Meet	Adwick	NE180374	3
200 Breaststroke	3:18.39	3:21.00	222	17/10/15	Gainsborough Dolphins Club Championships	Gainsborough	EM150681	4
50 Butterfly	29.10	29.70	417	03/06/18	Doncaster Dartes B Grade Meet	Adwick	NE180374	3
100 Butterfly	1:03.91	1:05.10	417	28/10/18	Retford 9th Level 3 Peter Jervis Memorial Meet	Retford	EM181998	3
200 Butterfly	2:39.03	2:41.00	303	02/07/17	End of Season Short Course Meet	Hull	NE171669	3
50 Backstroke	31.28	31.90	353	11/11/18	Scunthorpe Anchor Remembrance Meet	Scunthorpe	NE181586	3
100 Backstroke	1:05.87	1:07.10	394	28/10/18	Retford 9th Level 3 Peter Jervis Memorial Meet	Retford	EM181998	3
200 Backstroke	2:36.60	2:38.70	306	13/05/16	Gainsborough Dolphins Club Champs (gala 1)	West Lindsey	EM160646	4
200 Individual Medley	2:28.68	2:31.30	400	17/06/18	Retford 25th Annual Open Meet	Sheffield	EM180867	3
400 Individual Medley	5:35.68	5:40.90	342	12/11/16	Gainsborough Dolphins Club Champs (gala 1)	West Lindsey	EM160650	4
100 Individual Medley	1:08.21	1:08.20	377	11/11/18	Scunthorpe Anchor Remembrance Meet	Scunthorpe	NE181586	3