

Individual Best Times (All Time)

Louis Norman - (456479) - Taunton Deane SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.82	26.00	473	15/04/17	Exeter City SC & Taunton Deane SC	Street	SW170472	1
100 Freestyle	1:08.88	1:07.70	314	13/04/13	Taunton Deane Easter Long Course Meet	Millfield	SW3253	1
200 Freestyle	2:32.00	2:29.70	302	13/04/13	Taunton Deane Easter Long Course Meet	Millfield	SW3253	1
400 Freestyle	5:16.28	5:11.80	336	14/04/13	Taunton Deane Easter Long Course Meet	Millfield	SW3253	1
50 Breaststroke	35.71	34.80	383	23/04/16	Millfield & Taunton Super Series	Millfield	SW160152	1
200 Breaststroke	3:00.86	2:57.90	333	23/04/16	Millfield & Taunton Super Series	Millfield	SW160152	1
200 Backstroke	2:30.71	2:28.50	409	15/04/17	Exeter City SC & Taunton Deane SC	Street	SW170472	1
200 Individual Medley	2:32.17	2:29.60	420	16/04/17	Exeter City SC & Taunton Deane SC	Street	SW170472	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.65	26.40	485	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	NE182328	2
100 Freestyle	57.20	58.60	481	05/02/17	Somerset County Championships 2017	Millfield	SW170132	2
200 Freestyle	2:09.93	2:12.60	447	10/07/16	Taunton Deane Summer Level 3 Meet	Weston super Mare	SW160867	3
400 Freestyle	4:46.94	4:51.80	404	30/01/16	Somerset ASA County Championships	Millfield	SW160264	2
50 Breaststroke	33.87	34.80	399	05/11/16	ASA SWR Winter Championships	Millfield	SW162268	2
100 Breaststroke	1:16.37	1:18.00	379	18/10/15	Greater Gwent Fast Water Open Meet 2015	Newport	WL150611	2
200 Breaststroke	2:45.89	2:49.00	380	27/01/16	Somerset ASA County Championships	Millfield	SW160263	2
50 Butterfly	30.50	31.10	362	30/10/16	Millfield & Taunton Super Series	Millfield	SW160694	2
100 Butterfly	1:13.29	1:14.30	277	04/10/15	Somerset ASA Annual County Development Meet	Millfield	SW151518	3
50 Backstroke	29.93	30.60	403	29/10/16	Millfield & Taunton Super Series	Millfield	SW160694	2
100 Backstroke	1:05.81	1:07.00	396	12/11/17	BUCS Short Course Swimming Championships	Sheffield	NE172398	2
200 Backstroke	2:20.99	2:23.30	420	09/04/17	Swim Bournemouth Spring Short Course Meet	Bournemouth	SW170245	2
200 Individual Medley	2:26.62	2:29.30	418	29/10/16	Millfield & Taunton Super Series	Millfield	SW160694	2
100 Individual Medley	1:07.04	1:07.00	397	05/02/17	Somerset County Championships 2017	Millfield	SW170132	2