

Individual Best Times (All Time)

Niall Wainwright - (45628) - City of Sheffield WPC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|--|-----------|---------|-------|
| 50 Freestyle | 24.77 | 23.90 | 601 | 23/02/13 | BUCS Long Course 2013 | Sheffield | BUC007 | 1 |
| 100 Freestyle | 55.81 | 54.30 | 591 | 24/02/13 | BUCS Long Course 2013 | Sheffield | BUC007 | 1 |
| 200 Freestyle | 2:13.42 | 2:10.80 | 446 | 11/04/09 | Derventio Excel 3rd Open | Sheffield | EM9070 | 1 |
| 400 Freestyle | 5:05.20 | 5:00.60 | 374 | 26/02/06 | Yorkshire Age Group Champ | Leeds | CC6041 | 2 |
| 50 Breaststroke | 32.94 | 32.00 | 488 | 11/02/12 | BUCS Swimming (50m) Championships 2012 | Sheffield | BUC005 | 1 |
| 100 Breaststroke | 1:14.56 | 1:12.90 | 443 | 07/02/09 | Yorkshire County Champs | Leeds | CC9086 | 2 |
| 200 Breaststroke | 2:50.79 | 2:47.70 | 396 | 13/05/07 | Rotherham Metro Open Meet | Sheffield | NE7049 | 1 |
| 50 Butterfly | 28.65 | 28.00 | 469 | 07/02/09 | Yorkshire County Champs | Leeds | CC9086 | 2 |
| 50 Backstroke | 40.67 | 40.20 | 194 | 18/05/03 | NECASA Sprints & Teams Meet | Sheffield | NEC023 | 1 |
| 200 Individual Medley | 2:26.51 | 2:23.80 | 471 | 11/04/09 | Derventio Excel 3rd Open | Sheffield | EM9070 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|--|----------------|---------|-------|
| 50 Freestyle | 24.23 | 25.10 | 575 | 02/11/12 | BUCS Swimming (25m) Championships 2012 | Sheffield | BUC006 | 2 |
| 100 Freestyle | 54.86 | 56.40 | 546 | 14/11/10 | British University Champs | Sheffield | BUC002 | 2 |
| 200 Freestyle | 2:03.47 | 2:06.20 | 521 | 10/05/09 | Middlesbrough Open | Middlesbrough | NE9103 | 1 |
| 400 Freestyle | 4:27.11 | 4:32.30 | 501 | 08/05/09 | Middlesbrough Open | Middlesbrough | NE9103 | 1 |
| 50 Breaststroke | 31.36 | 32.30 | 503 | 12/11/11 | BUCS Swimming (25m) Championships 2011 | Sheffield | BUC004 | 2 |
| 100 Breaststroke | 1:10.60 | 1:12.40 | 480 | 10/05/09 | Middlesbrough Open | Middlesbrough | NE9103 | 1 |
| 200 Breaststroke | 2:33.61 | 2:37.00 | 478 | 09/05/09 | Middlesbrough Open | Middlesbrough | NE9103 | 1 |
| 50 Butterfly | 28.46 | 29.10 | 446 | 31/01/09 | Harrogate District Open | Harrogate | NE9035 | 1 |
| 100 Butterfly | 1:04.68 | 1:05.80 | 403 | 11/05/08 | Middlesborough 7th Open | Middlesborough | NE8072 | 1 |
| 50 Backstroke | 38.70 | 39.20 | 186 | 20/03/05 | Yorkshire County Champs 2005 | Sheffield | CCE509 | 2 |
| 100 Backstroke | 1:07.82 | 1:09.00 | 361 | 10/05/08 | Middlesborough 7th Open | Middlesborough | NE8072 | 1 |
| 200 Backstroke | 2:26.35 | 2:28.60 | 375 | 18/11/07 | Mansfield Major Oak Meet | Mansfield | EM7300 | 2 |
| 200 Individual Medley | 2:18.51 | 2:21.30 | 495 | 08/05/09 | Middlesbrough Open | Middlesbrough | NE9103 | 1 |