

Individual Best Times (All Time)

Lily Barnes Macfarlane - (453981) - Stretford SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.57	28.90	509	30/04/16	ASA North West Region Summer Championships	Manchester	NW160337	1
100 Freestyle	1:04.70	1:03.40	510	30/01/16	Lancashire County WPSA Age Group & Championships	Manchester	NW160230	1
200 Freestyle	2:19.75	2:17.20	526	22/03/15	Lancashire County Age Groups & Championships	Manchester	CC150113	1
400 Freestyle	4:58.06	4:53.30	492	30/01/16	Lancashire County WPSA Age Group & Championships	Manchester	NW160230	1
800 Freestyle	11:36.70	11:28.30	336	19/01/14	Co Leeds New Year Meet 2014	Leeds	NE4019	3
50 Breaststroke	46.93	46.30	239	12/07/14	City of Sunderland ASC Summer Splash 2014	Sunderland	NE4760	3
50 Butterfly	32.78	32.20	413	09/07/16	City of Sunderland Summer Splash 2016	Sunderland	NE160857	3
100 Butterfly	1:11.53	1:10.50	466	30/01/16	Lancashire County WPSA Age Group & Championships	Manchester	NW160230	1
200 Butterfly	3:27.28	3:25.70	202	17/03/13	Lancashire County Championships	Liverpool	CC3062	1
50 Backstroke	32.01	31.40	590	31/01/16	Lancashire County WPSA Age Group & Championships	Manchester	NW160230	1
100 Backstroke	1:09.00	1:07.80	573	01/05/16	ASA North West Region Summer Championships	Manchester	NW160337	1
200 Backstroke	2:28.19	2:25.90	573	30/04/16	ASA North West Region Summer Championships	Manchester	NW160337	1
200 Individual Medley	2:37.37	2:34.80	514	23/01/16	Lancashire County WPSA Age Group & Championships	Manchester	NW160229	1
400 Individual Medley	5:38.47	5:33.20	484	24/01/16	Lancashire County WPSA Age Group & Championships	Manchester	NW160229	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.08	29.80	490	07/11/15	ASA North West Region Winter Championships	Liverpool	NW151659	2
100 Freestyle	1:02.81	1:04.10	512	20/03/16	Greater Manchester Age Group Meet 2016	Wigan	NW160085	3
200 Freestyle	2:17.95	2:20.40	511	20/03/16	Greater Manchester Age Group Meet 2016	Wigan	NW160085	3
400 Freestyle	4:51.70	4:56.50	498	18/04/15	Knowsley Spring Level 2 Gala	Huyton	NW150264	2
800 Freestyle	10:44.24	10:53.20	406	06/11/14	Flixton Distance Club Championships	Flixton	NW14350	4
50 Breaststroke	41.79	42.50	312	31/01/15	Greater Manchester Age Group Meet 2015	Wigan	NW150008	3
100 Breaststroke	1:29.13	1:30.50	342	11/01/15	Greater Manchester Age Group Meet 2015	Wigan	NW150007	3
200 Breaststroke	3:14.09	3:16.80	333	08/11/14	Flixton Club Distance Championships	Flixton	NW14351	4
50 Butterfly	33.67	34.20	379	18/04/15	Knowsley Spring Level 2 Gala	Huyton	NW150264	2
100 Butterfly	1:13.35	1:14.40	400	27/09/15	Greater Manchester Autumn Meet 2015	Wigan	NW150440	3
200 Butterfly	2:40.38	2:42.30	414	18/10/15	Greater Manchester Autumn Meet 2015	Wigan	NW150441	3
50 Backstroke	32.30	32.90	477	07/11/15	ASA North West Region Winter Championships	Liverpool	NW151659	2
100 Backstroke	1:08.05	1:09.20	524	18/10/15	Greater Manchester Autumn Meet 2015	Wigan	NW150441	3
200 Backstroke	2:27.05	2:29.30	529	04/10/15	Wirral Metro Autumn Open Meet	Birkenhead	NW150534	2
200 Individual Medley	2:37.44	2:39.90	463	27/09/15	Greater Manchester Autumn Meet 2015	Wigan	NW150440	3
400 Individual Medley	5:42.93	5:48.00	430	16/11/14	Stafford Apex Open Meet	Stafford	WM4889	2
100 Individual Medley	1:14.00	1:14.00	445	03/10/15	Wirral Metro Autumn Open Meet	Birkenhead	NW150534	2