

Individual Best Times (All Time)

George Simmons - (453187) - Wycombe District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.53	25.70	489	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	LR150017	1
100 Freestyle	57.54	56.10	540	16/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
200 Freestyle	2:03.02	2:00.20	569	28/07/17	British Summer Championships	Sheffield	BSW002	1
400 Freestyle	4:40.09	4:35.00	485	19/09/15	Wycombe District Swim Club Club Championships	Wycombe	SE151738	4
50 Breaststroke	30.79	29.80	598	29/04/17	ASA South East Region Championships 2017	Wycombe	SE170865	1
100 Breaststroke	1:06.28	1:04.40	632	18/04/17	British Swimming Championships 2017	Sheffield	BSW001	1
200 Breaststroke	2:24.35	2:20.70	656	28/07/17	British Summer Championships	Sheffield	BSW002	1
50 Butterfly	30.22	29.60	400	18/07/15	Wycombe District End of Season Meet	Wycombe	SE151150	3
100 Butterfly	1:07.93	1:06.80	385	20/07/14	Wycombe District SC End of Season Meet	Wycombe	SE4742	3
50 Backstroke	34.81	34.20	309	21/09/14	Wycombe District Club Gala	Wycombe	SE14255	4
100 Backstroke	1:12.63	1:11.50	358	19/09/15	Wycombe District Swim Club Club Championships	Wycombe	SE151738	4
200 Individual Medley	2:18.99	2:16.10	551	28/02/16	Aquae Sulis Spring Grand Prix	Bristol	SW160100	1
400 Individual Medley	5:07.67	5:01.90	489	28/06/15	Scottish National Open Championships	Glasgow	SCO1005	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.99	26.80	466	28/01/17	Berks & Sth Bucks ASA 2017 County Championships	Maidenhead	SE170069	2
100 Freestyle	54.30	55.80	563	15/01/17	Berks & Sth Bucks ASA 2017 County Championships	Wycombe	SE170068	2
200 Freestyle	2:02.04	2:04.80	539	20/11/16	Guildford L2 Winter Qualifier Champs	Guildford	SE161280	2
400 Freestyle	4:41.63	4:46.60	428	23/03/13	Berkshire & South Buckinghamshire County	Maidenhead	CC3038	2
1500 Freestyle	18:29.55	18:48.00	444	15/12/13	Amersham Club Champs 2013 14 Season	Amersham	SE3897	4
50 Breaststroke	30.62	31.60	540	18/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	LR161927	3
100 Breaststroke	1:04.77	1:06.70	621	17/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	LR161927	3
200 Breaststroke	2:20.99	2:24.70	619	05/11/16	ASA South East Region Winter Championships 2016	Portsmouth	SE162237	2
50 Butterfly	29.13	29.80	416	04/10/15	Maxwell Swim Club October 2015 L2 Meet	Aylesbury	SE151637	2
100 Butterfly	1:05.26	1:06.40	392	08/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidenhead	CC150816	2
50 Backstroke	35.28	35.80	246	22/09/13	Amersham Club Champs 2013 14 Season	Amersham	SE3897	4
100 Backstroke	1:14.59	1:15.70	272	20/01/13	Watford County Qualifier Open Meet	Watford	ER3035	3
200 Backstroke	2:40.53	2:42.60	284	24/11/12	Hatfield UKC Winter Wonderland Meet	Hatfield	ER2821	2
200 Individual Medley	2:13.14	2:16.10	558	29/01/17	Berks & Sth Bucks ASA 2017 County Championships	Maidenhead	SE170069	2
400 Individual Medley	4:47.57	4:53.60	544	07/11/15	ASA South East Region Winter Championships 2015	Portsmouth	SE152074	2
100 Individual Medley	1:17.09	1:17.10	261	19/05/12	Windsor SC Level 3 Open Meet	Maidenhead	SE2245	3