

# Individual Best Times (All Time)

Jonty Carnachan - (451546) - Guernsey Swimming Club

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.53	33.20	238	29/06/14	Beau Sejour Barracudas The Specsavers Open Meet	Guernsey	SE4216	3
100 Freestyle	1:12.09	1:13.20	240	20/09/14	Specsavers GASA 100m	Guernsey	SE14260	4
200 Freestyle	2:39.23	2:41.40	243	03/10/14	Guernsey Club Championships	Guernsey	SE4376	4
400 Freestyle	6:24.92	6:28.60	167	07/11/12	Guernsey SC Rothschild Series	Guernsey	SE2137	4
50 Breaststroke	43.54	44.30	188	14/06/14	Jersey 14th Summer Graded Sprint Meet	Jersey	SE4332	3
100 Breaststroke	1:33.03	1:34.40	209	20/09/14	Specsavers GASA 100m	Guernsey	SE14260	4
200 Breaststroke	3:32.85	3:35.30	179	07/10/13	Guernsey Club Championships	Guernsey	SE3711	4
50 Butterfly	37.13	37.60	201	27/06/14	Beau Sejour Barracudas The Specsavers Open Meet	Guernsey	SE4216	3
50 Backstroke	37.91	38.40	198	28/06/14	Beau Sejour Barracudas The Specsavers Open Meet	Guernsey	SE4216	3
100 Backstroke	1:16.29	1:17.30	254	20/09/14	Specsavers GASA 100m	Guernsey	SE14260	4
200 Backstroke	2:47.03	2:49.00	252	03/10/14	Guernsey Club Championships	Guernsey	SE4376	4
200 Individual Medley	2:56.02	2:58.30	241	08/10/14	Guernsey Club Championships	Guernsey	SE4376	4
100 Individual Medley	1:21.35	1:21.30	222	20/09/14	Specsavers GASA 100m	Guernsey	SE14260	4