

Individual Best Times (All Time)

Virginia Baker - (451318) - Newcastle SwimTeam

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:05.50	1:04.20	492	05/05/12	BG SWR Youth Championships	Plymouth	SWR204	1
200 Freestyle	2:16.20	2:13.60	568	07/05/12	BG SWR Youth Championships	Plymouth	SWR204	1
400 Freestyle	4:44.20	4:39.20	568	05/05/12	BG SWR Youth Championships	Plymouth	SWR204	1
800 Freestyle	9:58.24	9:48.50	532	01/02/14	Wiltshire County Championships	Bath	CC4097	1
50 Breaststroke	43.98	43.30	291	24/10/09	Avalon Autumn Open Meet	Millfield	SW9320	3
100 Breaststroke	1:35.34	1:34.00	304	22/05/10	Bracknell & Wokingham Meet	Aldershot	SE0061	1
200 Breaststroke	3:09.71	3:06.90	381	24/10/10	3 Towers Open Meet	Millfield	SW0586	3
100 Butterfly	1:26.83	1:25.90	260	23/10/10	3 Towers Open Meet	Millfield	SW0586	3
50 Backstroke	34.36	33.80	477	05/05/12	BG SWR Youth Championships	Plymouth	SWR204	1
100 Backstroke	1:12.75	1:11.60	489	03/11/13	City of Bristol SC Level 3 LC Open Meet	Bristol	SW3622	3
200 Backstroke	2:32.65	2:30.40	524	06/05/12	BG SWR Youth Championships	Plymouth	SWR204	1
200 Individual Medley	3:08.38	3:06.30	300	22/05/09	Avalon Last Chance Open	Millfield	SW9160	2

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.83	30.50	454	21/04/13	Salisbury Sprints Open Meet	Salisbury	SW3438	3
100 Freestyle	1:03.26	1:04.60	501	21/04/13	Salisbury Sprints Open Meet	Salisbury	SW3438	3
200 Freestyle	2:13.44	2:16.00	564	02/12/12	ASA South West Regional Championships	Street	SWR230	2
400 Freestyle	4:38.08	4:43.10	575	01/12/12	ASA South West Regional Championships	Street	SWR230	2
800 Freestyle	11:52.73	12:00.80	300	20/11/09	Salisbury Stingrays Club	Godolphin	SW9786	4
50 Breaststroke	39.22	40.00	378	13/03/11	Wiltshire County Championships	Swindon	CC1110	2
100 Breaststroke	1:26.30	1:27.70	377	26/03/11	Wiltshire County Championships	Swindon	CC1111	2
200 Breaststroke	3:03.56	3:06.40	394	16/01/11	Tigersharks Winter Open Meet	Swindon	SW1095	2
50 Butterfly	33.65	34.20	380	22/04/12	Salisbury Stingrays Spring Open Meet	Salisbury	SW2409	3
100 Butterfly	1:14.75	1:15.80	378	21/04/13	Salisbury Sprints Open Meet	Salisbury	SW3438	3
200 Butterfly	3:23.66	3:25.20	202	18/10/09	Salisbury Autumn Open	Salisbury	SW9488	3
50 Backstroke	32.78	33.40	457	02/03/13	Wiltshire County Championships	Swindon	CC3068	2
100 Backstroke	1:09.66	1:10.80	489	13/04/14	Salisbury Stingrays Spring Open Meet 2014	Salisbury	SW4441	3
200 Backstroke	2:27.71	2:29.90	522	07/07/12	Taunton Deane Level 3 Summer Meet	Taunton	SW2212	3
200 Individual Medley	2:37.52	2:40.00	462	03/03/12	Wiltshire County Championships	Swindon	CC2098	2
100 Individual Medley	1:14.55	1:14.60	435	26/02/12	Wiltshire County Championships	Swindon	CC2097	2