

Individual Best Times (All Time)

Cailin Walker - (450976) - Harlow Penguin SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.50	29.80	463	22/01/22	Swim England Essex Age Group Championships 2022	London	ER220048	1
100 Freestyle	1:10.07	1:08.90	401	12/05/18	BPSC Spring Long Course Event 2018	Basildon	ER180360	1
200 Freestyle	2:41.07	2:38.90	343	25/11/17	Romford Town Early County Qualifier	London Aquatics	LR171748	3
50 Breaststroke	37.57	36.70	467	22/01/22	Swim England Essex Age Group Championships 2022	London	ER220048	1
100 Breaststroke	1:24.43	1:22.90	438	07/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	ER210171	1
200 Breaststroke	3:01.32	2:58.40	436	30/04/22	SE East Region Long Course Championships 2022	Norwich	ER220677	1
50 Butterfly	36.02	35.50	311	01/02/20	Essex Age Group Championships 2020	London	ER200176	1
50 Backstroke	38.05	37.50	351	01/02/20	Essex Age Group Championships 2020	London	ER200176	1
100 Backstroke	1:35.56	1:34.70	215	02/07/16	Bishops Stortord End of Season LC Open Meet	Luton	ER160490	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.52	31.20	424	17/10/21	Swim England Essex Winter Championships 2021	Basildon	ER210501	2
100 Freestyle	1:04.73	1:06.00	467	22/05/22	Basildon & Phoenix Spring SC Open Meet 2022	Basildon	ER220571	3
200 Freestyle	2:31.37	2:33.60	387	02/06/19	N&UEL Summer Invitational Meet 2019	East Ham	LR191385	4
400 Freestyle	5:25.91	5:30.20	357	26/10/19	Cheshunt 15th Annual Autumn Open Meet	Harlow	ER190526	3
50 Breaststroke	36.53	37.40	468	07/11/21	SE East Region Short Course Championships	Luton	ER211117	2
100 Breaststroke	1:20.18	1:21.70	470	19/03/22	Harlow Penguins SC Regional Qualifying Meet	Harlow	ER220249	3
200 Breaststroke	2:51.42	2:54.50	483	22/05/22	Basildon & Phoenix Spring SC Open Meet 2022	Basildon	ER220571	3
50 Butterfly	35.20	35.70	332	18/03/22	Harlow Penguins SC Regional Qualifying Meet	Harlow	ER220249	3
50 Backstroke	36.40	36.90	333	16/10/21	Swim England Essex Winter Championships 2021	Basildon	ER210501	2
100 Backstroke	1:18.96	1:20.00	335	06/10/19	9th David Jacobs Memorial Meet	Basildon	LR192264	3
200 Backstroke	2:51.00	2:52.90	336	30/11/19	Harlow Penguins 2019 County Qualifier Open Meet	Harlow	ER192639	3
200 Individual Medley	2:43.63	2:46.00	413	04/12/21	Harlow Penguins County Age Group Qualifying Meet	Harlow	ER210934	3
100 Individual Medley	1:23.36	1:23.40	311	29/10/16	Cheshunt Open Meet	Harlow	ER160277	3