

Individual Best Times (All Time)

Emma Shoobert - (450304) - Biggleswade SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.64	27.90	560	05/05/18	East Swimming Long Course Championships 2018	Norwich	ER180213	1
100 Freestyle	1:01.93	1:00.60	582	27/01/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190245	1
200 Freestyle	2:17.13	2:14.60	557	12/05/18	BPSC Spring Long Course Event 2018	Basildon	ER180360	1
400 Freestyle	4:50.81	4:45.90	530	28/01/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180274	1
800 Freestyle	10:19.68	10:10.30	478	27/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170118	1
200 Breaststroke	3:52.10	3:49.80	208	29/03/13	City of Norwich SC Easter Meet 2013	Norwich	ER3006	1
50 Butterfly	31.61	31.00	461	29/06/19	Romford Town End of Season Meet 2019	Basildon	LR190329	3
100 Butterfly	1:28.34	1:27.50	247	18/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
50 Backstroke	32.23	31.60	578	04/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180275	1
100 Backstroke	1:07.96	1:06.80	600	07/05/18	East Swimming Long Course Championships 2018	Norwich	ER180213	1
200 Backstroke	2:27.29	2:25.00	584	05/05/18	East Swimming Long Course Championships 2018	Norwich	ER180213	1
200 Individual Medley	2:41.12	2:38.70	479	13/05/17	Team Luton May Long Course Meet 2017	Luton	ER170349	1
400 Individual Medley	5:50.92	5:45.90	434	04/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170119	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.53	29.30	519	11/03/18	Central Beds Swim Squad L2 Open Meet 2018	Biggleswade	ER180359	2
100 Freestyle	1:00.46	1:01.80	574	03/11/18	Swim England East Region Short Course Championship	Luton	ER180889	2
200 Freestyle	2:12.39	2:15.00	578	15/12/18	2nd Christmas Cracker Meet	Biggleswade	ER181603	3
400 Freestyle	4:43.49	4:48.40	543	20/10/18	Flitwick Dolphins Open Meet 2018	Biggleswade	ER181596	3
800 Freestyle	10:13.22	10:22.60	471	05/11/16	Biggleswade 2016 Club Championships	Biggleswade	ER161711	4
50 Breaststroke	42.81	43.50	291	29/10/16	Flitwick Dolphins Open Meet 2016	Biggleswade	ER161067	3
100 Breaststroke	1:36.93	1:38.20	266	03/09/16	Biggleswade Club Championships	Biggleswade	ER161709	4
200 Breaststroke	3:19.13	3:21.80	308	13/12/15	Team Luton Winter Development Meet	Luton	ER150707	3
50 Butterfly	31.69	32.30	455	02/11/19	Swim England East Region Short Course Champs 2019	Basildon	ER192086	2
100 Butterfly	1:24.21	1:25.10	264	18/01/14	Biggleswade SC 15th Open Meet	Biggleswade	ER4051	3
200 Butterfly	2:51.02	2:52.90	342	07/12/19	3rd Christmas Cracker Open Meet	Biggleswade	ER191854	3
50 Backstroke	31.93	32.60	494	10/03/18	Central Beds Swim Squad L2 Open Meet 2018	Biggleswade	ER180359	2
100 Backstroke	1:07.69	1:08.90	533	10/03/18	Central Beds Swim Squad L2 Open Meet 2018	Biggleswade	ER180359	2
200 Backstroke	2:23.86	2:26.20	565	22/07/18	Putteridge L2 Inaugural Alternative Nationals	Luton	ER180378	2
200 Individual Medley	2:32.96	2:35.50	505	09/03/19	Central Beds Swim Squad Level 2 Open Meet 2019	Biggleswade	ER190277	2
400 Individual Medley	5:43.86	5:48.90	427	30/10/16	Flitwick Dolphins Open Meet 2016	Biggleswade	ER161067	3
100 Individual Medley	1:20.18	1:20.20	350	03/09/16	Biggleswade Club Championships	Biggleswade	ER161709	4