

Individual Best Times (All Time)

Elizabeth Harris - (449876) - Calne Alpha Four ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.96	29.30	489	27/02/16	Aquae Sulis Spring Grand Prix	Bristol	SW160100	1
800 Freestyle	12:07.41	11:59.40	296	29/01/12	Wiltshire County Championships	Bath	CC2096	1
50 Butterfly	42.37	41.90	191	04/12/09	Team Bath Bernie Nicol Mt	Bath	SW9795	3
50 Backstroke	33.03	32.40	537	30/04/16	ASA SWR Summer Championships	Plymouth	SW160535	1
100 Backstroke	1:10.84	1:09.70	530	01/05/16	ASA SWR Summer Championships	Plymouth	SW160535	1
200 Backstroke	2:35.88	2:33.70	492	27/02/16	Aquae Sulis Spring Grand Prix	Bristol	SW160100	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.49	29.20	521	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	NE182328	2
100 Freestyle	1:03.34	1:04.60	499	30/01/16	Wiltshire Age Group Championships	Swindon	SW160241	2
200 Freestyle	2:20.73	2:23.20	481	04/03/17	Swindon Dolphins Regional Qualifier 2017	Swindon	SW170041	3
400 Freestyle	5:04.45	5:09.00	438	26/07/15	Swindon Dolphin End of Season Meet	Swindon	SW150591	3
50 Breaststroke	39.18	40.00	379	27/09/15	Aquae Sulis & City of Bristol 2nd Early Season Mt	Bristol	SW151374	3
50 Butterfly	31.95	32.50	444	05/02/17	Wiltshire Age Group Championships	Swindon	SW170236	2
100 Butterfly	1:17.70	1:18.70	336	28/02/15	Wiltshire Youth Championships	Swindon	CC150351	2
200 Butterfly	3:09.14	3:10.80	252	25/01/14	Corsham Open Meet	Corsham	SW4011	3
50 Backstroke	32.30	32.90	477	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
100 Backstroke	1:08.80	1:10.00	507	23/10/16	ASA National County Teams Division 2	Sheffield	ASA152	2
200 Backstroke	2:31.41	2:33.60	484	04/02/17	Wiltshire Age Group Championships	Swindon	SW170236	2
200 Individual Medley	2:43.82	2:46.20	411	05/07/15	Calne Alpha 4 Club Championships	Calne	SW150983	4
100 Individual Medley	1:14.23	1:14.20	441	11/06/16	Calne Alpha 4 L3 Open Meet	Calne	SW160695	3